

Never a dull moment!
Lots going on this half-term
SEE PAGES 10 & 11

The ABC of Aberfeldy
Amazing architecture in walk of the month
SEE PAGES 18 & 19

Building a bright future
Apprentice of the Year winner Leanne has big plans
SEE PAGE 25

ISSUE 997 17 - 23 FEBRUARY 2014

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

A special tree for a special person

BY JESSICA ODUBAYO

THE life of a modest war veteran who died last year in his nineties, is being commemorated this week with the planting of a specially bred tree.

GO ON, PAMPER YOURSELF...



Golden Girls Vi Davis, Margaret Vanstone and June White from the Sundial Centre in Bethnal Green were among the scores of people who went along to the pamper day for carers held at the Ecology Pavilion in Mile End Park last week. See page 7.

Standard bearers from the Royal British Legion and a bugler playing the Last Post will attend the ceremony in Carlton Gardens, Stepney Green in honour of Wilfred Coppens.

Anna Gaudion and fellow residents of the Carlton Gardens area have organised the elm tree planting to commemorate Mr Coppens, a well-known local character.

The veteran was brought up an orphan and won medals at Dunkirk during World War II. Although close to his neighbours in Carlton Square, he was modest about his war record and his heroism was only discovered after he died.

The commemorative elm, a species developed over three decades to be resistant to Dutch elm disease, will be planted near the park bench where Mr Coppens spent time resting and keeping a watchful eye on the neighbourhood.

Mayor Lutfur Rahman, who is due to take part in the planting, said: "I hope that this will be just the first of many elms to green our borough, while doing our bit to combat climate change.

"It is a really fitting tribute to someone, who along with millions of British, Commonwealth and allied comrades, risked his life so that this country would survive in 1940."

David Shreeve, director and co-founder of the Conservation Foundation which led the experimental project to develop the disease-resistant elm species, said it was a great idea to supply a special tree for a special person. The foundation has distributed hundreds of

saplings to communities, schools and organisations across the UK for planting.

Mr Shreeve said the foundation would be very pleased to hear that residents would be looking after the tree and helping it to grow well.

He added that they should expect to see the elm blossom in a few months' time and that in summer it may attract the white letter hairstreak, a small butterfly which lives in the tops of elm trees.

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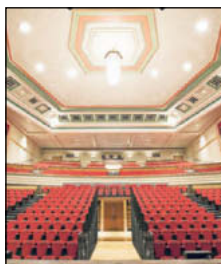
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New life for 30s fave

The refurbished People's Palace at Queen Mary, University of London was unveiled to great acclaim last year.



Improvement and amusement

Queen Victoria opened the Mile End People's Palace, dedicated to "the intellectual improvement and rational recreation and amusement for people living at the East End of London".

News

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eastendlife

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BLUR frontman Damon Albarn (left) will be playing at Queen Mary, University of London to promote his first ever solo album, *Everyday Robots*. Albarn will be on stage in the Great Hall of the People's Palace at the university in Mile End Road on May 1 for one of just two London shows. George Foden, corporate events manager, said the university ensured that the technical equipment installed during the hall's refurbishment was of a high-specification in order to attract artists of this calibre. For more details, turn to page 21.

Give your views on the future of East End Life

BY STAFF REPORTER

A REVIEW to look at future options for East End Life requested by the mayor is being concluded – and residents are being asked to give their views.

Mayor Lutfur Rahman agreed to keep the paper going with funds from the council's general reserves following a budget decision to delete funding in March 2013.

The mayor agreed to continue funding the paper on the grounds that, if it closed, the council could be failing to meet its statutory duties, such as advertising public notices, keeping the public informed about council business and fostering good community relations.

In the meantime he called for a review of the paper considering options on how



else the council could achieve the same levels of publicity and uptake of its services at a 'reasonable' cost.

It would also look at the impact of removing a method of communication that is delivered to more than 80,000 homes and many elderly and disabled residents.

The review is now nearing completion and the council would like to hear what residents think about East End Life in its current format, any alternative ways of communicating with local people and suggestions about how the paper could be improved.

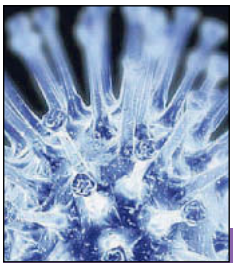
Last month the government passed a new law giving ministers the power to order the closure of East End Life.

If you have comments you would like to be considered as part of the review, send them to Natalie Baker, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG or email natalie.baker@towerhamlets.gov.uk



Inside this week's issue

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Pharmacies give you the needle

The flu jab has been available from most pharmacies in Tower Hamlets for adults in at-risk groups. More information on seasonal flu and the whooping cough vaccine can be found at...

WWW.NHS.UK

Tickets for free

Spitalfields Music runs a scheme to offer free tickets to residents who have never attended one of its events. Call...

7377 1362

News

Crossrail art funds agreed

FUNDING has been agreed for a permanent work of art in Canary Wharf Crossrail station.

Canary Wharf Group (CWG) and the City of London Corporation will each provide £500,000 for the project.

A leading contemporary art gallery will be appointed to work with Crossrail's advisory art board and CWG to commission an artist.

It will be part of the Culture Line, a permanent exhibition of large-scale art across seven London Crossrail stations also including Whitechapel.

Sir George Iacobescu, chairman and chief executive of CWG, said: "From the start, art and culture have been embedded in the design of Canary Wharf.

"Jointly commissioning a new, world-class artwork in the Crossrail station with the City of London Corporation will continue our proud tradition of supporting London's cultural community in a dramatic and innovative manner."



The youngsters sing with a little help from Abimaro Gunnell and other members of Spitalfields Music

Children hit all the right notes

RECEPTION class children and their parents at Osmani Primary School staged a public performance to mark the end of a creative project with community organisation Spitalfields Music.

Music leaders worked with the children to explore the nature of

heroes through singing, story-telling and musical play.

Parents provided poetry and texts for their children to set to music, and also wrote letters to the youngsters' unsung heroes, celebrating their work.

"Not only have the sessions been well-attended, but they also encouraged parents

to understand more about how the arts play a vital role in education," a spokesman for Spitalfields Music told East End Life.

Pupils from crimson class and fuchsia class wrote their own songs about being superheroes at school.

The groups sang in front of an audience at the Whitechapel school on February 11.

Flu jab uptake is the best yet

BY ANNA WILSON

TOWER Hamlets recorded its highest ever level of vaccinations against seasonal flu this winter.

The number of people receiving the jab was also among the highest in any London borough.

Seventy-six per cent of over-65s in the borough were vaccinated against flu – more than in any other borough and well above the average of 69 per cent.

Tower Hamlets ranked second for uptake among those most at risk under the age of 65 – at 61 per cent, compared to the average 51 per cent.

The uptake of seasonal flu vaccination among pregnant women was 48 per cent, with London at 35 per cent.

The jab is offered free to

those over the age of 65, pregnant women and anyone whose health is at further risk from the flu, particularly those with a long-term condition.

Cllr Abdul Asad, cabinet member for health and well-being, said: "As it is still winter, those whose health could seriously be affected by the flu should speak to their GP about receiving their vaccination if they haven't done so already."

Pregnant women are also offered the pertussis vaccination, which protects unborn babies from developing whooping cough – a serious infection that causes long bouts of coughing and choking, particularly dangerous to newborn babies.

Last November, more than 60 per cent of pregnant women in Tower Hamlets were given the pertussis injection – the

highest number in the borough to receive this since its introduction in October 2012. The average uptake across the capital was 40 per cent.

Dr Somen Banerjee, director of Public Health Tower Hamlets, said: "By getting this injection, ideally within 28 to 32 weeks of pregnancy, women will pro-

tect their newborn baby from developing whooping cough."

The flu jab is offered until the end of March. Pregnant women can speak to their midwife or GP.

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Family announcements



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Your **FAMILY ANNOUNCEMENTS**

Are you are looking to celebrate or remember someone dear to you?

Whatever you want to say, use East End Life to make your announcement. Your announcement must reach us by the Monday before the publication date you require.

Send the text of your announcement including your contact details to East End Life Family Announcements, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG or e-mail to:

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Making a difference

“Congratulations to Rebecca for using her acquired skills and education to make a positive difference to the lives of children and the parents in Cambodia for years to come.”

SCHENELL STEPHENS FROM THE JACK PETCHEY FOUNDATION

Rebecca talks the talk in Cambodia

Speech therapist went to help kids with cleft palates

BY JESSICA ODUBAYO

A LANGUAGE and speech therapist from Mile End has returned from a trip to Cambodia, where she used her skills to help children with their development.

Rebecca Knill, 22, spent four months in hospitals in the capital, Phnom Penh, working with children born with cleft lip and palate.

The City University graduate was based in the children’s surgical centre and the national paediatric hospital, where she also trained local speech advisers and gave advice to parents.

Rebecca said: “Speech and



Rebecca at work

language therapy is vital to children’s development as it can also affect their ability to feed, which can lead to malnutrition.

“It is rewarding to have been able to provide advice, resources and therapy for infants and deliver training to hospital staff, so the treatment programme can be maintained in future.”

A lack of resources and poor awareness of speech therapy in Cambodia means the role of qualified volunteers like Rebecca is important in helping children with the condition develop their ability to communicate.

Rebecca, who was aided on her project by a volunteering grant of £300 from the Jack Petchey Foundation, established multidisciplinary links between hospitals and other professional facilities involved with cleft lip and palate.

She also made a video for parents explaining how they can best support infants with the condition.

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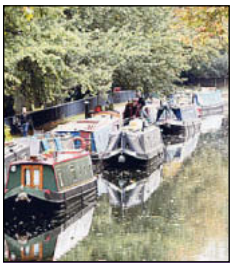
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Holiday happenings

See our half-term listings with dozens of activities organised by the council, museums, galleries and sports venues.

SEE PAGES 10 & 11

News

Man murdered cousin after family squabble

Killer jailed for life over stabbing which followed 'seemingly minor row'

BY STAFF REPORTER

A MAN has been jailed for the murder of his cousin after a dispute that escalated from an initial squabble between female family members.

Liam Hamilton, 32, of Poplar was fatally stabbed in the back with a large kitchen knife in Poplar High Street on July 26, 2013.

Paul Hamilton, 30, of Woodstock Terrace, Poplar, was sentenced by a judge at the Old Bailey last Thursday, February 13.



Paul Hamilton

He was found guilty of murder and jailed for life to serve a minimum of 26 years.

His brothers, Thomas and Noel, were found not guilty of murder or violent disorder and a fourth brother, James,

was found not guilty of violent disorder.

The stabbing followed two earlier fights involving female family members on the same day.

Later that night the four brothers confronted Liam Hamilton and some other family members, culminating in Liam being fatally stabbed.

All four of the defendants claimed they acted in self-defence.

Detective Sergeant Martin Head said: "What started out as a seemingly minor family row escalated into a senseless



Liam Hamilton

murder, which will have a long-lasting impact on all members of the family.

"This is a tragedy for all involved and it is right that Paul Hamilton should spend a long time behind bars for his actions."

News in brief

Help for business

PEOPLE planning to start a business are being invited to pick up tips at an event on February 26.

Entitled Start Small, Think Big, it will feature workshops on providing information online, identifying customer groups and priorities, as well as information about changing your career or starting a small business.

The free event is at Idea Store Whitechapel, 321 Whitechapel Road from 10.30am-3pm.

Free courses offer

AN educational charity for socially excluded and disadvantaged people has a number of free courses on offer.

Olga Education and Training Project is running courses in food hygiene, first aid, manual handling and computer skills for beginners.

Classes take place at St Margaret's House, Old Ford Road, Bethnal Green.

For further information call Dr Ashfaq Bokth or Dr Gias Ahmed on 8981 2931 or 07791 603594 or email info@oetp.co.uk

'Power list' 2014

SEVERAL people who live and work in the borough have been included in the latest list of successful UK Bangladeshis.

The British Bangladeshi Power & Inspiration 2014 includes Mayor Lutfur Rahman, Dr Shafi Ahmed, a surgeon at Barts Health NHS Trust, and kickboxer Ruqsana Begum.

Diabetes specialist Dr Tahseen Chowdhury, Bethnal Green & Bow MP Rushanara Ali, robotics lecturer at Queen Mary, University of London Dr M Hasan Shaheed, and Anwar Uddin, coach at West Ham Academy, are also on the list.



VOLUNTEER lock keepers are being sought to work with the Canal & River Trust on London's most popular historic canal locks. Locally they will be required to work on Saturdays at Old Ford Lock in Bow (pictured).

The roles cover the main boating and visitor season from March to October. No previous experience is needed as full training is given. For more information visit <http://canalrivertrust.org.uk/volunteer>

Vigilante patrols 'not welcome on streets'

THE police, council and faith groups are working together after a small group of demonstrators handed out leaflets in Brick Lane last month.

Officers have engaged with local people to address concerns raised by the so-called 'Christian patrol' and the council and its partners are monitoring the situation.

Mayor Lutfur Rahman, who in December last year condemned

a small demonstration in Brick Lane by a radical Muslim preacher, said: "I fully endorse the statement of the Bishop of Stepney, that there is no place for vigilante patrols on our streets, whether purporting to be Christian, Muslim or any other faith group."

A spokesperson for the Met Police said: "The police take these incidents very seriously and activities that may raise community tension will be monitored."

The Rev Alan Green, chair of

Tower Hamlets Inter Faith Forum, said: "Small groups of men claiming to patrol on behalf of either Muslims or Christians do not represent us and are not welcome here."

Dilowar Khan, executive director of East London Mosque and London Muslim Centre, said: "We take comfort in the support given by our partners in the community, of all faiths and none, who have always stood firmly together to oppose hatred."

Have your say on SAFETY in MILE END & GLOBE TOWN



Tower Hamlets residents are invited to join the Deputy Mayor Cllr Ohid Ahmed, and Police Borough Commander for a walkabout to look at community safety issues in Mile End & Globe Town ward.

The interactive walkabout will focus on how the council and police are tackling youth anti-social behaviour, noise nuisance, drug dealing and misuse in the area, as well as further action needed.

DATE: Friday 21st February

TIME: 4pm – 5.30pm

MEETING POINT: Queen Mary University - Mile End Road, E1 4NS

VISITING:

- Ocean Estate • White Horse Lane • Harpley Square/Carlton Square
- Windsor House & Tuscan House - Roman Road • Stainsbury Street



>> Residents do not need to register and can just show up on the day



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LUTFUR RAHMAN MAYOR OF TOWER HAMLETS



Voice your concerns

To book an appointment at the mayor's fortnightly surgeries at Idea Stores in Whitechapel and Crisp Street call...

7364 5014

How to contact Mayor Rahman

The mayor's web pages can be viewed at www.towerhamlets.gov.uk/mayor or email him at mayor@towerhamlets.gov.uk or call 7364 4993.

WWW.TOWERHAMLETS.GOV.UK

News from the Mayor

Homework goes on

THE rising cost of housing was in the news once again this week.

Many Tower Hamlets residents, like other Londoners, spend half their income on rent. The lack of affordable homes is a scourge of these times.

That is why I am proud Tower Hamlets has topped the national league table for building new homes – for three years running.

Only last week I announced plans to build 149 homes in Bow. It is one of my priorities to reduce the housing waiting list and have more affordable homes.

We will continue to support the most vulnerable residents and protect key services in the budget proposals to full council on February 26.

Thanks to our prudent approach, despite government cutbacks, these include freezing council tax for the fifth year in a row and increasing the discount given to those who receive partial council tax benefit by £25.

The council is also a strong supporter of the London Living Wage. Tower Hamlets has led the way in this area since 2008.

So I was pleased to see a report last week highlight the number of employers in Tower Hamlets who pay more than the national minimum wage.



LUTFUR RAHMAN MAYOR OF TOWER HAMLETS

I would like to see even more local employers join the war on poverty by doing the same.

On Monday I had the pleasure of meeting organisations benefiting from the Mayor's Cup.

Last year we held a fantastic event involving more than 60 football teams.

The money generated enabled us to support the efforts of 22 community groups, to enhance the valuable services they provide to residents.

Finally, like the rest of you I have been horrified by scenes of flooding. But what has impressed me is the role of volunteers who have gone without sleep to help others in need.

I see the great work voluntary groups in Tower Hamlets do and salute these often unsung heroes in our community.

On Tuesday, February 18, the council will honour them at the Tower Hamlets Third Sector Awards Gala.

Mayor Lutfur Rahman

LUTFUR RAHMAN MAYOR OF TOWER HAMLETS

My diary

Monday, February 10

I attended the launch of the year's Mayor's Cup awards ceremony at York Hall, Bethnal Green. It recognised the important role local groups play in providing young people with the opportunity to take part in sports and stay active.

Thursday, February 13

I took a 'walk in the dark' in Mile End, organised by Tower Hamlets Citizens (Telco) as part of a campaign to tackle crime and address safety issues. Joined by community leaders, including the borough commander, we walked with residents who shared their suggestions for improving community safety.

Friday, February 14

I was invited to the Chinese New Year

event at the Ecology Pavilion. I wish all Chinese residents a Happy New Year!

Monday, February 17

I will be holding my regular weekly surgery at Idea Store Crisp Street – if you would like to arrange an appointment please call my office.

Tuesday, February 18

The Third Sector Awards will recognise the contribution of voluntary groups.

Cup grants handed out

BY SHALINA HUSSAIN

SPORTS clubs and community groups providing popular services such as lunch clubs and activities for children have benefited from a cash boost thanks to the annual Mayor's Cup football tournament.

Last year's tournament showcased local talent with more than 60 teams taking part and over 900 players.

Its success and the sponsorship provided by businesses meant there were 22 grants up for grabs, two more than the previous year.

Organisations were invited to apply for funds for work they are doing aimed at



Mayor Rahman and Cllr Oliur Rahman with some of the award winners

improving access to sports or community projects.

The winners were invited to an awards ceremony to collect

their cheques from Mayor Lutfur Rahman on February 10 at York Hall.

Mayor Rahman said: "The Mayor's Cup was very well supported by businesses which enabled us to raise money for good causes.

"I am delighted so many local groups have been able to benefit from the tournament and the grants will enhance collaborative working in the borough."

Sarah Lang from Limehouse Park Rangers, a community football club for girls which was one of the grant winners, said: "The girls love what being part of the club means: playing football, making friends, having the opportunity to be themselves and having fun.

"Since we have been unable to find a pitch to train on, we are currently playing in the park and this grant will allow us to buy equipment to make the park more like a pitch."

To find out more about the club visit www.limehousepr.co.uk

Cllr Oliur Rahman, cabinet member for children's services, added: "I would like to thank everyone who applied for a grant and congratulate all the groups who were successful."



Football freestyler Colin Nell demonstrated his skills

St. Barnabas Church
(corner of Grove Road/Roman Road)

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Who can be called a carer?

A carer is anyone who regularly looks after someone who is too ill, disabled, or frail to manage alone. The council can provide support through care at home, day services, or direct payments.

The right support

There are more than 20,000 carers in the borough and the council works to ensure they have the right support.

News



Students from Redbridge College prepared the food



Gill Forward from the council's occupational health with visitor Tarib Miah



Abul Khayer enjoys some refreshment

JUGGLING work and family commitments to care for a relative or friend can be extremely challenging. Because of the time and energy they give to looking after their loved ones, it can be hard for carers to pursue a life of their own without the right support in place.

But last Monday, February 10, carers from across the borough were treated to a free pampering day at the Mile End Ecology Pavilion.

Taster sessions and demonstrations took place throughout the day such as line dancing courtesy of dancing queen Joyce Whip and a seated

yoga session with Astra Farquharson.

Providing services were

The council organised a pamper day to give back to the residents who selflessly care for friends or relatives, as **Shalina Hussain** reports. Photos by **Rehan Jamil**.

Go on, pamper yourselves!

Treat day thankyou for borough's dedicated carers



A therapist from Mindbody gives a carer a massage



MindBody Therapy with massage therapists, chiropodists, reflexologists, nail and beauty therapists.

There are more than 20,000 carers in the borough and the council works with agencies to ensure they have access to the right support. Twelve organisations supported the pamper day including the Health Check for Carers, LinkAge Plus and Family Action.

Carer Afnam Begum, 29, from Bethnal Green, looks after her mother-in-law who is wheelchair bound and needs 24-hour care. She said: "It was good to come down and talk to other carers and share experiences."

Thomas Cummings, from the Isle of Dogs, who looks after his friend and her son,



(Above) Thomas Cummings looks after his friend and her son



(Right) Chris from Create Day Centre

(Left) Mayor Rahman with the Miah family

praised Family Action Tower Hamlets for the wealth of support they have provided.

"The pamper day was a brilliant idea and I have met lots of people who are in similar situations. I also found about the Carers Centre which sounds really useful," he said.

Foster carer Pauline Renda, 50, who also cares for her son, added: "It has been lovely to be able to recharge your batteries and meet other carers. It's nice to have a bit of 'me' time once in a while."

Mayor Lutfur Rahman said: "Carers carry out invaluable work and are our unsung heroes of the community. The pamper day was a way for us to show our appreciation and thank them for the hard work they do day in day out."

Cllr Abdul Asad, cabinet member for health and wellbeing, added: "Being a carer can take its toll juggling work and care, and it is essential they are supported so that they do not sacrifice their own health or education as a result."

Stamping out domestic violence



We have been focusing on young people, as these crimes don't just happen to adults; young people are just as likely to find themselves trapped in damaging and abusive relationships.

SEE BELOW

Useful information

Help for young victims of abuse

News from Andy Bamber, the council's head of safer communities

OUR second series of ward walkabouts is successfully helping to tackle community safety issues across the borough.

Seventeen walkabouts have been scheduled in total – one for every ward in the borough. They were launched in October in East India & Lansbury, following a successful first series of walkabouts earlier year.

At each walkabout councilors, police and council officers, other professionals and residents visit anti-social behaviour hotspots and discuss what is being done to address behaviour problems in that area, and what more can be done.

The main strength of the walkabouts is that they allow us to see exactly what is happening out there on the street, and to take direct action as a result of the issues people raise. They also give us an understanding of how things differ across the borough's various neighbourhoods.

So far nine walks out of 17 have been completed, resulting in the council and partners taking action such as applying for anti-social behaviour orders, conducting regular patrols, mending CCTV cameras, cleaning away graffiti and installing barriers and anti-climb paint, improving lighting and cutting shrubbery to make particular areas safer.

The next walkabout will take place on February 21 in Mile End and Globe Town, meeting at 4pm at Queen Mary University. We hope to see lots of residents there on the day.

In recent weeks we have also renewed our call for the eradication of violence against women and girls – an issue brought sharply into focus by Valentine's Day last week.

Valentine's Day is presented as a day of romance and love,

but in abusive relationships romance and 'love' can be used as excuses for controlling behaviour and even violence.

Council officers have been running workshops in schools, youth centres and other youth-focused settings to help young people recognise the signs of abuse and know how to access support if they experience domestic abuse themselves.

They have also been encouraged to sign a pledge to never ignore and never condone abuse amongst their peers and to promise to never abuse others.

We have been focusing on young people, as it is often forgotten that these crimes don't just happen to adults; young people are just as likely to find themselves trapped in damaging and abusive relationships.

Research over the past five years has shown that young people experience abuse as much as adults but it is often minimised due to their lack of experience in relationships. In fact, emotional abuse is experienced by up to three quarters of young people and physical abuse by over a quarter of young women.

Domestic abuse, whilst often considered to only include physical abuse, can include a person using threatening and coercive behaviour towards their partner, sexual abuse, preventing their partner from seeing or contacting friends or managing their own finances, or humiliating their partner in front of other people.

If you, a friend or a family member are experiencing any of these issues you can get further information by calling the council's domestic violence team on 0800 279 5434 (from 9am – 5pm, Monday to Friday) or by email domesticviolence@towerhamlets.gov.uk

Help and support can also be provided by local and national organisations whose information can be provided by the team. In an emergency, call the police on 999.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Tuesday each month, 11am at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

Information for people from birth to age 19 (or 25 for those with additional needs) including helping to find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy Project

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-1pm. 7364 6489

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm. **Britannia (Perimart)**, Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice

Benefits, housing, immigration. Bengali speakers, home visits to

house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14. 7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies. Canary Wharf Recruitment & Training Centre, 8 Heron Quays, E14. 7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no.

Page no.

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Families with Autism

Spark Centre, Smart Street, E2. 8981 4924 fwautism@btinternet.com

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Careers advice

Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm. Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343



Identifying and tackling risk

MASH aims to identify risks to children and adults at the earliest opportunity, improve information sharing and decision making; and reduce harm, crime and anti-social behaviour.

SEE BELOW

Strength to strength

"We have got a really good tradition of partnership working and MASH will help us go from strength to strength."

CHIEF SUPT DAVE STRINGER

News



HUNDREDS of people gathered at an awards evening to honour people who have contributed to the community.

Awards were handed out at the Weavers Community Expo, which took place at St Hilda's East Community Centre on February 3. The newly launched Weavers Community Forum organised the event. Award winners included Andrew Willoughby, a volunteer gardener at Arnold Circus, who also

teaches his skills to children and women's groups.

Mairee Glacé, manager of the Boundary community launderette in Calvert Avenue, and Pawla Cottage, chair of the Columbia Estate Tenants and Residents Association (TRA), were also presented with a awards. Other recipients included artist Brad Lochore, No Boundaries youth group, Contact Point, a club for over-60s and former residents' association chair Abdul Matin.

News in brief

Foodbank launch

A FOODBANK supported by Anglican, Methodist and Catholic churches in Bow is due to open at St Mary and Holy Trinity Church, Bow Road, on Monday, March 10.

A training day for anyone who would like to volunteer for the project will be held on March 3.

For more details, call the Rev Andrew Pantland on 8983 1252.

Parkour open day

TO mark the launch of the UK's first purpose-built indoor parkour/free running centre, Parkour Generations is hosting an open day on February 20.

Visitors can explore and try out the new facilities, from 12 noon, followed by an evening of demonstrations and mini workshops from 6-8pm.

The London Academy of Parkour is at the Chainstore, 64 Orchard Place, E14.

For more information, visit www.parkourgenerations.com

Forum reminder

RESIDENTS are reminded they can attend community ward forums to help decide how to spend £10,000 for improvements in the area.

For details visit www.towerhamlets.gov.uk/localforums

New hub for child protection

Police, council and health teams will work more closely together

BY IAN READ

A NEW child protection service has been launched bringing local agencies together under one roof.

The Tower Hamlets Multi-Agency Safeguarding Hub (MASH) will enable them to share intelligence and work together to improve decision-making on responding to risk and the needs of vulnerable children and families.

The Metropolitan Police will work alongside the council's social workers, youth offending team and family intervention project as well as officers from health, education and housing plus staff from probation, mental health services and Barts Health NHS Trust.

The team will be based at the Town Hall in Poplar.

Mayor Lutfur Rahman said: "Creating this new and improved hub is a great stride forward in making sure all the relevant

public agencies are working together as closely as possible for the good of our community."

The MASH concept was developed in Devon and is considered a model of good practice.

Tower Hamlets already had in place a multi-agency group handling initial child protection and safeguarding enquiries – the integrated pathways and support team (IPST), which has also been cited as a model of good practice and was established in 2009.

The Tower Hamlets MASH will build on this success.

Cllr Oliur Rahman, cabinet member for children, schools and families, said: "The agencies in Tower Hamlets have a strong record in child protection and this will make it even stronger.

"It will be good for the families we work with and for the wider community."

Police borough commander Dave Stringer said: "MASH allows the police to respond



Chief Supt Dave Stringer (right) and Robert McCulloch-Graham, director of education, social care and wellbeing at the launch event

quicker, with better information to concerns about young people who are at risk, which is one of the most important things the police service does."

Jane Milligan, chief officer of NHS Tower Hamlets Clinical Commissioning Group, said: "Ensuring health teams are a key partner within MASH is vital to its success as is ensuring health information can be shared in a timely way."

It's never too late to lose a little weight

FEBRUARY is a month dedicated to events and activities to raise awareness about both cancer and heart health.

And clinicians in Tower Hamlets are reminding residents that it is never too late to lose weight.

Dr Sam Everington, chair of NHS Tower Hamlets Clinical Commissioning Group and a local

GP, said: "Most people can reduce their weight by eating a variety of foods including lots of fresh fruit and vegetables, not adding sugar to food and grilling food rather than frying."

Further advice includes reducing portion sizes and exercising more.

For more, visit www.towerhamletscg.nhs.uk

QUAY HOUSE | LONDON E14

Local residents and businesses are invited to attend a stakeholder engagement event to discuss plans for CIT Real Estate Partners redevelopment of Quay House, London E14

VENUE & DATE

Alpha Grove Community Centre, Alpha Grove, Isle of Dogs, London, E14 8LH

On **WEDNESDAY 19TH FEBRUARY** from 12pm to 7pm

FOR MORE INFORMATION CONTACT LUCIANA

PHONE: 020 7998 9095

A week on the water

Sign up for five days of fun at Shadwell Basin Outdoor Activity Centre this half-term.

SEE PAGE 34



Playgrounds around the planet

A family workshop based on an exhibition of artwork inspired by children's playground games takes place at Rich Mix in Bethnal Green this Wednesday.

DETAILS BELOW

Half-term out and about

ARE children's playground games of the 1950s to 70s disappearing? Have games such as hopscotch and marbles been replaced by handheld computer games? Artist Dan Jones believes that many of the games of his generation have gone, but at the same time new ones keep arriving. The Singing Playground is an exhibition of children's playground games he has collected in east London and the wider world, giving an insight into the words, tunes, imagery and rules involved. "Children's playground games don't take place in silence. Most are accompanied by a wonderful cacophony of chanted rhymes, music, rhythms, clapping, stomping, poetry, parody, fun and delight," the



Shadwell resident observes. "Some are very old, some are brand new and many in a constant state of mutation, passed from child to child

and from place to place round the planet." The exhibition is in the café gallery at Rich Mix, 35 Bethnal Green Road until

February 19. Entry is free. Dan will be hosting a family workshop at Rich Mix from 11am-2pm on Wednesday, February 19.

Tales Back in Time

Join a Victorian chimney sweep and his puppet friends as they travel through London's history using music, movement and magic. Free, but pick up tickets from front desk. Mon, Feb 17, 11am for under-5s, 2pm for age 5-plus. Museum of London Docklands, Hertsmere Road, West India Quay, E14. 7001 9844 www.museumoflondon.org.uk/london-wall/whats-on/events-calendar/

Comedy Club 4 Kids

Comedy workshop for ages 7-18. 3-4.30pm. Tickets £5 for workshop, £10 for both events. Reserve in advance at arts&events@canarywharf.com Family show for kids aged seven and over. 6.30-7.30pm. Tickets £7; family of 4, £24. Mon, Feb 17. East Wintergarden, 43 Bank

Street, Canary Wharf, E14. 0871 220 0260 www.canarywharf.com

Centre of the Cell

Family workshops throughout the week exploring the human senses and the power of the heart. Tickets £5 for under-16s & concs, £7 for ages 16 and over. Under-3s go free. Feb 17-21, times vary. Centre of the Cell, Newark Street, E1. <http://centreforthecell.eventbrite.co.uk>

V&A Museum of Childhood

It Came From Outer Space – stories, games and art inspired by science fiction. Drop-in sessions for all ages, 10.30am-4pm. Play in a Day – storyteller Bill Dawson leads workshops exploring WWI. For ages 7-12, £25 per child. 10.30am-3.30pm. Feb 17-21. Cambridge Heath Road, E2. 8983 5200 www.museumofchildhood.org.uk

Great Bridge of the World

Get inspired to enter the Design a Bridge competition. Prices vary, under-5s free. Open all week, 9.30am-5pm. Tower Bridge Exhibition, Tower Bridge Road, SE1. 7403 3761 www.towerbridge.org.uk

Amazing Animals

Create pet ornaments from clay, make animal puppets, paint pet portraits and much more. Free. Tues-Fri, Feb 18-21. 12-5pm. Geffrye Museum, 136 Kingsland Road, E2. 7739 9893 www.geffrye-museum.org.uk

Eccentric Inventions

Take a look at the wackiest, silliest and most confusing inventions of the Victorian era – from umbrella hats and spherical velocipedes, to steam-powered lawnmowers and moustache protectors. Free. Feb 19 & 20, 10am-5pm. Ragged School Museum, 46-50 Copperfield Road, E3. 8980 6405 www.raggedschoolmuseum.org.uk



Half-term sporting activities for under-16s

John Orwell Sports Centre, Mile End Park Leisure Centre and St George's Leisure Centre are offering a wide range of activities for children under the age of 16 – from swimming to football and trampolining to basketball (pictured above). Visit your local leisure centre or log on to www.better.org.uk/towerhamlets

BOW SCHOOL

Bow School - An exciting future!



Over the past year, a focus group of students from Bow School has had regular access to their new school building to meet with the builders and to photograph the progress of the impressive new structures. Following each visit they have reported back to classmates and staff, helping everyone to visualise themselves learning and working in their exciting new spaces.

Georgina Woods, staff leader of the focus groups says that 'all of the students, at Bow School, are really looking forward to using their new facilities and are very grateful for the investment being made in their future. They are also very excited about the transformation ahead which includes welcoming girls into Year 7 and the opening of Bow Sixth Form'.

One of the most eagerly anticipated features of the new school is the roof top sports area and, as Joynul Hussain in year 10 put it, "I can't wait to play football on these pitches with my friends because, amongst other things, a good football pitch is what we are missing at our current site".

The students also report looking forward to using the modern science labs which will stimulate their curiosity and encourage them to get involved in many exciting experiments. "I am looking forward to my science lessons in the new school because I will be able to do more experiments. It will be a fantastic experience in a brand new environment" explained Rajel Ullah, a student in year 10.

Most of all the focus group of students are clear that they, their classmates and the school staff are focused and working hard to build upon the recent 'good' judgment awarded by Ofsted and they see the new school, and the outstanding opportunities that will come with it, as central in securing Bow School's very bright future!





Get Your Skates On and get out there!

"It may be wintry outside but there are lots of free fun activities families can enjoy during half-term. Why not spend an afternoon at one of our parks and open spaces or drop into an Idea Store?"

MAYOR LUTFUR RAHMAN

Fun-packed half term

There are dozens of activities to enjoy, from sports and museum visits, to science workshops and reading clubs.

SEE BELOW

Half-term out and about

Be inspired by the Winter Olympics

BY SHALINA HUSSAIN

THERE is no need to travel far and wide to keep youngsters entertained during spring half-term this week.

The council is making it easier for parents by offering a range of free activities for children and young people to enjoy throughout the break.

The whole family can join in an exciting day at **Bethnal Green Gardens** in Braintree Street on Tuesday, February 18.

Wrap up warm for Get Your Skates On (pictured right), which will feature a synthetic ice

skating rink where residents can skate and play new age curling.

Other activities on offer will include tennis, athletics, basketball, football, SNAG (community golf), storytelling, face painting, art and crafts, bouncy castle, coconut shy and more.

Aimed at all ages, there is no need to pre-book, just turn up and enjoy. Activities start from 10am-4pm. To find out more call 7364 3348.

Over at **Victoria Park** there will be wildlife-inspired arts and crafts event on February 17, bird box making on February 19 and den building on February 21 at the Hub building.

All activities are free and run from 10am-12.30pm. To book a place call 7364 7968.

At **Idea Stores and libraries** there is a half-term bonanza of activities with each venue hosting a series of events including story time and computer clubs.

For the full programme and details visit www.idea-store.co.uk

Cllr Rania Khan, cabinet member for culture, said: "With so much going on there is bound to be something that interests children and teenagers. Wrap up warm, grab your skates and head to Bethnal Green Gardens."



From ponies to painting

FANCY learning a new skill, trying a new sport or want to own a pony for a day? The council has a fantastic line-up of activities and workshops as part of the Mayor's Activities for Young People this half-term. Sports, music production, cooking, glass painting and a residential trip are just some of the exciting activities available to youngsters.

Cabinet member for children, schools and families Cllr Oliur Rahman said: "More than 100 activities and workshops have been listed in the February half-term brochure and I recommend that young people have a look."

For full listings, visit www.towerhamlets.gov.uk/youth

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Bays for residents

The parking and mobility service manages a mixture of parking bays including 12,664 for residents.

SEE BELOW

Putting money into parking

Any surplus generated from parking and traffic fines is always re-invested into transport-related projects, such as improving parking provision for businesses and visitors.

SEE BELOW

News

Parking in London is always a hot topic of debate and Tower Hamlets is no exception. **East End Life** takes a look at the council's parking and mobility service, and explores the work done to keep residents, businesses and visitors moving.

CONTRARY to popular belief parking and mobility services are not just about issuing parking permits and parking tickets. The services operate to government legislation and are run by the council, not a contracted out function.

Services range from consulting residents on controlled parking zones, installing parking bays and yellow lines, providing personalised disabled bays, taxi cards and disabled badges to processing permits, organising suspensions and dispensations, parking enforcement to removing abandoned vehicles and managing Freedom Passes.

The council spends approximately £8.5 million annually to provide Freedom Passes, disabled parking bays, taxi cards and disabled persons badges for the most vulnerable.

The parking challenge for the borough will continue to grow with additional residential and commercial buildings being constructed but with limited parking spaces available. Consequently effective use of public transport is a critical part of the transport strategy.

The council is only responsible for managing the parking and traffic schemes on council highways and not Transport for London (TfL) roads, Canary Wharf estate, social housing or private estates. This means approximately 50 per cent of the borough's land does not fall under the jurisdiction of the council for parking.

Parking and mobility services teams pride themselves on providing good customer service and have a customer charter in place to ensure all staff adhere to this ethos. The charter sets out the customer promise and explains why the council regulates parking and traffic schemes. It also sets out what is expected from users of the service.

There's more to parking than permits and tickets



(Above) Civil enforcement officer Nii Quaye



(Right) Deputy enforcement manager Michael Darby at the pound in Commerical Road



(Left) A car is removed by the enforcement team

The team has already taken an unusual step of working with local and national parking pressure groups in identifying what can be improved for customers.

The work has been nationally recognised and the service was recently shortlisted for the British Parking Awards 2014 in categories Exceptional Customer Service and Parking Partnerships.

Mayor Lutfur Rahman said: "Parking issues within a diverse and densely populated area such as Tower Hamlets are always going to be a delicate balancing act

to address the needs of all road users. The council works hard to ensure a professional and fair approach to parking matters."

There are a number of free products that are currently provided to ease the lives of some residents and organisations:

- visitor scratch cards for carers or people aged 60 or over;
- permits for residents in receipt of higher rate mobility components or higher rate attendance allowance;
- limited free suspension service for up to three cars for residents moving house;

- suspensions for charities and community based organisations;
- waivers to allow mourners to attend funerals and to assist where possible to reduce the worry of parking.

Residents, charities and community-based organisations should contact the parking team to find out further information about the availability of these products.

Cllr Shahed Ali, cabinet member for environment, said: "I don't think people realise the breadth of the work carried out by parking and mobility services and the impact good parking has on keeping the roads moving and stimulating the local economy, particularly in business areas.

"The free services provided, such as Freedom Passes and Taxicards, are essential to assist our most vulnerable residents in getting out and about."

Of course there is the matter of enforcing parking and the issuing of tickets. Parking and traffic fines are statutory and both of these fees are set beyond the council's control. They relate to a wide range of offences including parking in disabled bays, business bays, pavements, double yellow lines, resident permit bays, no left or right turn and driving in bus lanes.

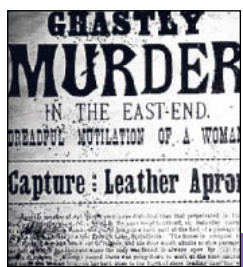
Any surplus generated from parking and traffic fines is always re-invested into transport-related projects, such as improving parking provision for businesses and visitors, and boosting economic development by investing in road network management to improve journey times.

The council does not pay bonuses to staff, for example, on the number of parking tickets issued. When parking fines are issued, the majority of people pay their fine within 14 days.

However the service has to manage a number of persistent evaders who try to avoid parking regulations, such as, people who have parking and blue badge disabled permits under false pretences.

The council has a dedicated parking fraud team who investigate and prosecute such misuse and fraud. If you suspect that a parking permit is either being used fraudulently or being misused, call 7364 6945.

To find out more about the council's parking services and permits call 7364 5003 or visit www.towerhamlets.gov.uk/parking



A tale of unromantic misogyny

A misguided attempt to re-name the Ten Bells pub as the Jack the Ripper met a chorus of complaint. Even a century, it seems, can't turn psychopathic misogyny into cosy romance.

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Murder manual brings crimes of the centuries to your doorstep

BY JOHN RENNIE

DISTANCE lends a frisson to even the most horrible of crimes – and the English love their murders.

A crime that horrifies, revolts and saddens can, with the distance of a century or so, acquire a certain romance and mystique. The victims, and all who knew them, are long gone. And so, freed from sympathy or fellow feeling, we allow ourselves to enjoy the sheer depravity of man's behaviour to his fellow beings.

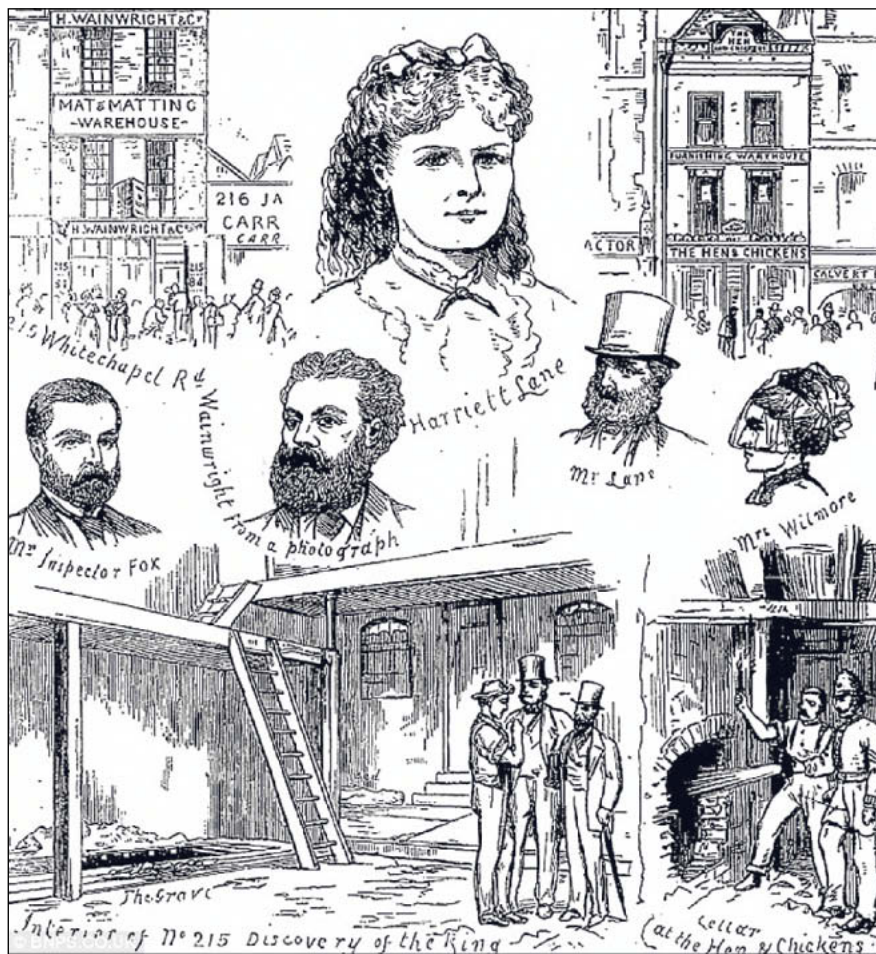
And in the East End, despite the combined efforts of developers, slum clearance and German bombers, there is still much of the fabric of Victorian London around to remind us. In *Murder Houses of London*, university lecturer Jan Bondeson goes in search of East End addresses that have grisly secrets. Some residents might be in for a nasty shock when they discover their home's true history.

Much has gone of course. Nothing today remains of 9 Grove Road, Stepney, where James Mullins murdered a Mrs Elmsley in 1860. Nor of the house at No 17 Grove (now Golding) Street, where Marks Goodmach-er murdered his daughter in 1920.

The shop at 96 Green Street, Bethnal Green, where Matilda Moore met her end in 1860, is gone too. 478 Commercial Road is still an address, but the building where half-brothers Conrad Donovan and Charles Wade slew Matilda Farmer is long gone. And Number 10 Peel Grove, where supposed miser Margaret Marshall was killed by an unknown assailant in 1897, was demolished to build the Bethnal Green Infirmary.

Of Tower Hamlets most notorious killer (one might almost say celebrated, such is the industry that has grown up around Jack the Ripper) little remains. A misguided attempt to re-name the Ten Bells pub, possibly the haunt of some of the Whitechapel killer's victims, as the Jack the Ripper, was reversed a quarter of a century ago amid a chorus of complaint. Even a century, it seems, can't turn psychopathic misogyny into cosy romance.

Just over the road from the pub lies what was once Dorset Street, before that Duval Street, and throughout the 19th and early 20th century, notorious as 'the worst street in London' (Fiona Rule has written a book with just that title). Miller's Court ran off the street by Number 26, and here it was that Mary Jane Kelly was killed and mutilated in that autumn of 1888.



(Left) A newspaper depicted the case of Henry Wainwright, who murdered his 19-year-old mistress, Harriet Lane

Whitechapel Road and another at No 215, close to where Whitechapel Tube now stands. The respectable Henry lived at 40 Tredegar Square – until the business started to fail.

If an incompetent businessman, he had a ruthlessly efficient answer to his problems, moving his family out to a cheaper dwelling in Chingford and disposing of the increasingly expensive Harriet. On September 10, 1874, he lured her to No 215, shot her and buried her in a shallow grave beneath the floorboards of the factory.

Of course the property had to be sold and the dismembered body moved, and so – exactly a year later – began one of the most incompetent cover-ups ever seen in London crime, as Wainwright fled in a cab across London Bridge.

He was apprehended as the cab stopped in Borough High Street, and parcelled-up body parts spilled onto the pavement. Affecting coolness, Wainwright puffed a cigar as he walked to the Newgate gallows on December 22, 1875, sneering at the spectators: "Come to see a man die have you, you curs?"

No 145 Whitechapel Road was once site of the Lord Nelson pub, briefly managed by famed East End boxer Daniel Mendoza, but more gruesomely the venue for the September 23, 1903 murder of Martha Jane Hardwick. A heavy-drinking regular in the pub, Jerry Slowe, who had unsuccessfully wooed the young barmaid, was caught in the act and quickly overpowered as he ran away down the Whitechapel Road.

He took his punishment without complaint, even annoying the other prisoners in the condemned cells at Pentonville Prison by constantly singing music hall songs. Slowe went to the gallows on November 10, 1903. The building still remains though it long ceased being a pub. In 1907 it became a mission house, and today it's an Indian garment shop, close by Whitechapel Station (it's now numbered 299 Whitechapel Road). Look closely though, and you'll see that this was once a typical, old London pub.

There's more, much more, and though the East End can lay its claim to be the starting point for lurid Victorian murders, Bondeson exhaustively details the grisly history of the rest of London too. So grab the book, grab an A-Z (or actually just tap Google Maps into your smartphone) and go hunting for London's gruesome past.

Some residents might be in for a nasty shock when they discover their home's true history."

and the constant butt of Emma's criticism and jokes.

Perhaps a sign of brewing discontent came on the day Mr Grossmith saw him sinking a cleaver into a large piece of meat, muttering the words: "I am practising how to serve those that don't do as I like!" On that May day, a particular vicious rollocking saw John lay in to his mistress with a rolling pin – she died three days later. John was hanged for the murder at Newgate, on September 8.

There is, too, the infamous disposal by Henry Wainwright of his 19-year-old mistress, Harriet Lane. Henry, a successful brush manufacturer, had one factory at 84



Murder Houses of London by Jan Bondeson (2014), Amberley Publishing

The Worst Street in London by Fiona Rule (2008), Ian Allan Ltd

A range of services
The council provides many services for residents and businesses. Go to the A-Z on the website at

[WWW.TOWERHAMLETS.GOV.UK](http://www.towerhamlets.gov.uk)

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Monday, February 17

7pm: Inner NE London Joint Health Overview & Scrutiny Committee

The agenda includes a report on Moorfields Eye Hospital, the Care Quality Commission report into Barts Heath NHS Trust and an update on the London Cancer Project. For more information call 7364 5064 or email tahir.alam@towerhamlets.gov.uk

Tuesday, February 25

7pm: strategic development committee

Details from Zoe Folley on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

7.30pm: pensions committee

More information from 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Wednesday, February 26

7.30pm: Council Budget meeting.

For details call 7364 4204 or email johns.williams@towerhamlets.gov.uk

Tuesday, March 4

6.30pm: licensing sub-committee

More details on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

7pm: overview & scrutiny committee

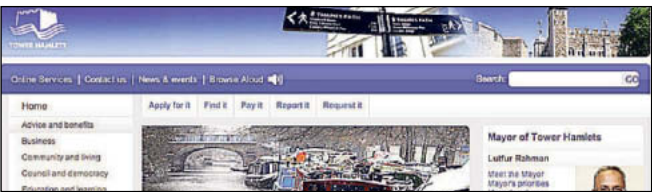
More information on 7364 4333 or email angus.taylor@towerhamlets.gov.uk

Wednesday, March 5

5.30pm: Cabinet

Call 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

The Government is changing benefits
Prepare and act now
The Government is changing the benefits system as part of its plans for welfare reform. If you are claiming benefits, you may be affected. Households who are not in work or have low income will be most affected. The impact of these changes could be significant and it is important that you prepare now. Tower Hamlets Council will be providing support and advice to help you prepare for these changes. For more information about the changes visit the government website www.dwp.gov.uk or call our helpline on 0800 800 7000, or telephone 0202 556 8000.

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

[WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM](http://www.towerhamlets.gov.uk/welfarereform)

Your views wanted on dog control orders

BY SARAH MCLAUGHLIN

RESIDENTS are being asked to air their views on council proposals for the introduction of five new dog control orders.

The borough continues to suffer from the problem of dog fouling, despite the best efforts of the council to clear it up.

The orders are being considered as a way of improving public spaces for everyone in the borough.

The new orders would seek to give greater powers to the council in tackling the problems of dog fouling and dealing with irresponsible dog owners.

They would create the following offences:

- dog fouling on all land accessible to the public with or without payment;
- allowing dogs into children's play areas and fenced sports areas;
- having dogs 'off lead' on the highway and in car parks;
- failure to place a dog on a lead when directed to do so;
- being in control of more than four dogs.

The council would like to hear views from the public on these proposed new orders.



New orders are being considered to improve public spaces

All comments received during the consultation period will be considered before deciding whether to proceed with making a dog control order.

Responsible dog-owners should not fear these measures and there is no suggestion that there will be a general ban on dogs being off lead in parks and open spaces.

There has been some comment on social media about the proposed "dogs on lead by direction" order. For clarification this order would only allow a council officer to require a dog-handler to put their dog on a lead in a face-to-face situation when a dog was causing, or was likely to cause, a nuisance.

This order would not be ap-

plied by the permanent placing of notices, for example in parks.

The permanent restriction on dogs would apply only to children's play areas and fenced sports areas.

Full details of the proposals were published in East End Life on February 3 and can be viewed at www.towerhamlets.gov.uk/consultation

The consultation is running until March 6.

Members of the public are invited to give feedback on the proposals via email to environmental.health@towerhamlets.gov.uk or by post to Andrew Weaver, Head of Environmental Health, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG.

Planning

E2

106 Roman Road – change of use of commercial premises from shops to hot food takeaways with

installation of ventilation flue.

37 Heneage Street – single storey extension on second floor terrace area to provide two additional bedrooms.

This is not a definitive list of all current planning applications.

For more details go to the council's website at www.towerhamlets.gov.uk

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skyline Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

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Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was Lines of Communication Bishopsgate.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364
5015
Healthline – 7364 5016

General enquiries

For other council enquiries call
7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3)
– 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.



Poplar resident Mohammed Murad took this picture last weekend after heavy rainfall. He wrote: "Many people complain due to rain, but we fail to see the blessing. In some countries people are complaining due to the exact opposite – a lack of rainfall." If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these
24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress,
there is an emergency or if
anyone is in immediate
danger dial 999.

The council's domestic
violence team can provide
information, signposting and
referrals to local services.
Bengali speakers available

0800 279 5434 (office hours)
**24-hour domestic violence
national helpline**

0808 2000 247
**Haven Whitechapel (sexual
assault referral centre)**

7247 4787
**Karma Nirvana (Honour
Network Helpline)**

0800 5999 247
**Broken Rainbow
(LGBT domestic violence)**

0845 260 4460
**Black Women's Health
& Family Support**
8980 3503
Rights of Women

(legal advice)
7251 6577

Victim Support Line
0845 30 30 900
**Victim Support Tower
Hamlets**

8555 8254
**NSPCC Child Protection
Helpline**

0800 800 5000
Childline

0800 1111
Shelterline

0808 800 4444
Respect (for perpetrators)
0845 122 8609

**Reunite (advice about
child abduction)**

0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090

**Tower Hamlets Mediation
Service offers confidential
and impartial advice with
neighbour conflict**
Free service for council tenants
and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead,
off Bethnal Green Road, E2
Bow & North Poplar – John
Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market
Square, Chrisp Street, E14
Stepney & Wapping –
Idea Store Watney Market,
260 Commercial Road, E1.
**Open Mon-Fri, 9am, doors
close at 4.30pm. Sat, 9am,
doors close 12.30pm at
Rushmead and Idea Store
Watney Market only.**

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill
Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel
Road, E1. 7364 4332
Watney Market –
Commercial E1. 7364 4332
All open: Mon to Thurs,
9am-9pm; Fri, 9am-6pm;
Sat, 9am-5pm. Sundays –
Bow and Chrisp Street
open, 10am-4pm;
Whitechapel, 11am-5pm; and
Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge
Heath Road, E2. 8980 3902
Cubitt Town – Strattondale
Street, E14. 7987 3152
All open: Mon, Tues, Weds
& Fri, 10am-6pm; Thurs,
10am-8pm; Sat, 9am-5pm.
**Local History Library and
Archives** – 277 Bancroft Road,
E1. Open Tues, 10am-5pm;
Weds, 9am-5pm; Thurs,
9am-8pm; Sat (1st & 3rd of
the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944



শিশুদের সুরক্ষায় ‘মাশ’ মডেল চালু করলো কাউন্সিল

শিশুদের সার্বিক সুরক্ষায় নতুন একটি প্রটেকশন সার্ভিস দ্যা টাওয়ার হ্যামলেটস্ মাল্টি-এজেন্সি সেফগার্ডিং হাব (মাশ) গত ৩ ফেব্রুয়ারি টাউন হলে আনুষ্ঠানিকভাবে চালু করা হয়। নতুন এই সার্ভিস চাইল্ড প্রটেকশন বা শিশুদের সুরক্ষায় নিয়োজিত সকল এজেন্সিকে একত্রিত করে একই ছাদের নীচে একটি শক্তিশালী টীমে পরিণত করবে। বিস্তারিত পড়ুন নীচে -

NEW CHILD PROTECTION SERVICE LAUNCHED

Harmony

Nadir laga galay gefafka qoyska

KAWNSULKU wuxuu la shaqaynayaa dadka dhallinyarada ah, isaga qayb ka ah dib ugu baaqista dabar goynta fadqalalada lidka ku ah haweenka iyo hablaha.

Saraakiisha kawnsulka ayaa weerkshobyoo dugsiyada iyo xarumaha dhallinyarada ku qabtay, kuwaas oo lagu baraarujinayey ammaaradaha xadgudubka, islamarkaana loogu sheegayey halkay taageero ka heli lahaayeen, haddii fadqalalo qoys ay haleesho.

Waxaa kale oo lagu dhiirgalinayey in ay saxeexaan wacad ah in ay goor walba ka hortagaan fadqalalooyinka, ogolaanina in ay qayrkood ka

Domestic violence pledge – issue 996

dhex dhacdo.

Meeyar Lutfur Rahman ayaa yidhi: “Had iyo jeer waxaynu ilawnaa in denbiyadan iyo fadqalaluhu kin aanay waayeelkuun ka dhex dhicin. Dhallinyartaba way ka dhex dhacaan.”

Meeyar ku-xigeenka Cllr Ohid Ahmed, wuxuu yidhi: “Bulshada oo wada jirtaa ilaalin karta nolosha hooyooyinkeen, walaasheen, hablaheena, xaskeena, saaxiibadeen oo aayaha danbe joojin doona fadqalalada.”

Xadgudubyada qoyska waxaa ka mid ah hadidaada iyo qalafsanaan aad wehelkaaga kula dhaqanto, adiga oo ka hor

istaaga in ay in la iska hortaa go in ay aragto saaxiibabadeed, in ay maamulato dhaqaalaheeda iyo in lagu bahdilo dadka hortiiisa.

Somen Banerjee, agaasimaha caafimaadka ayaa yidhi: “Xadgudubka qoysku wuxuu keenaa caafimaad darro.”

Haddii adig, saaxiib amma qof qoyska ka mid ahi uu dhibaata da qabo, hadday masgax ahaan tahay iyo hadday laxaad tahayba, waxaad la kaashan kartaa kooxda xadgudubyada qoyska ee kawnsulka, wac 0800 279 5434 amma email udir_domesticviolence@towerhamlets.gov.uk – rag iyo dumarba way kaalmeeyaan.

Shirarka foramka waardyada bulshada

Community ward forum meetings – issue 996

DADWEYNAHA lagu in aanay gef in fursada lagu go'mintay sidii loo horumarinta lahaa bulshooyinka.

Foramada bulshada ee meeyarka, kawnsulku wuxuu weydiiyey deganayaash sidii loo isticmaali lahaa lacag ay wadar-teed dhan tahay £170,000 oo lagu kobcinayo bulshooyinka.

Dadka deegaanka afkaar badan ayay keeneen iyaga oo qayb ka ah barnaamijka lagu xoojinayo in dadku deegaankoodaka taliyaan

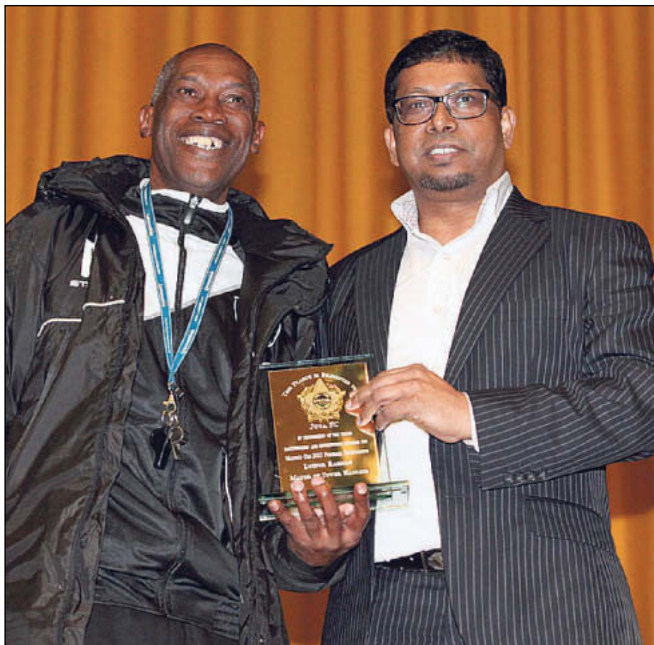
Fooramyadu, bisha Febraayo gudaheeda, ayay mar kale kulumayaan oo afkaartii Disember la ururiyey la kala xulayaa.

Meeyar Lutfur Rahman ayaa yidhi: “Tani waa fursad dahab

u ah dadka deegaanka oo ay ku taageerayaan qaabaynta aayaha bulshadooda, madaama ay £10,000 wax wayn ka tarayso degaankooda.”

Afkaaraha waxaa ka mid ahaa abaalmarin maqaaxiyaha cuntada saxada leh, dabaaldega bulshada, garoon carruurta ku cayaarto, dhir beeris iyo waxyaabo kale.

KOOXAHA cayaaraha iyo qaar ka mid ah ururada bulshada ayaa deeq ka helay tartankii cayaaraha kubada cagta ee koobka meeyarka. Tartankan oo sannad walba, waxaa kii kal hore deeq ka helay ilaa 20 kooxood, kii sannadkana waxaa deeqo la guddoonsiiyey ilaa 22 kooxood. Kooxihii deeqahan ku guuleystey, ee nasiibka u yeeshay, waxaa lagu fooladeeyey, York Hall, Febraayo 10dii, halkaas oo lagu guddoonsiiyey jeegagii. (Left) Deputy Mayor Ohid Ahmed presents an award to Edison Friday, manager of Juvon FC.



শিশুদের সুরক্ষায় সকল এজেন্সিকে একত্রিত করে নতুন সার্ভিস চালু করলো কাউন্সিল

New child protection service launched – page 9

শিশুদের সার্বিক সুরক্ষায় নতুন একটি প্রটেকশন সার্ভিস দ্যা টাওয়ার হ্যামলেটস্ মাল্টি-এজেন্সি সেফগার্ডিং হাব (মাশ) গত ৩ ফেব্রুয়ারি টাউন হলে আনুষ্ঠানিকভাবে চালু করা হয়।

নতুন এই সার্ভিস চাইল্ড প্রটেকশন বা শিশুদের সুরক্ষায় নিয়োজিত সকল এজেন্সিকে একত্রিত করে একই ছাদের নীচে একটি শক্তিশালী টীমে পরিণত করবে। এর ফলে তারা সকল তথ্য আদান প্রদান করতে পারবে এবং ঝুঁকি এড়াতে দ্রুত সাড়া দেয়ার পাশাপাশি অসহায় শিশু ও তাদের পরিবারের প্রয়োজনীয়তা মেটাতে তারা আরো কার্যকর সিদ্ধান্ত নিতে সক্ষম হবে।

এই টীমে থাকবে মেট্রোপলিটান পুলিশ, টাওয়ার হ্যামলেটস্ কাউন্সিলের সোশ্যাল ওয়ার্কারগণ, ইয়ুথ অফেন্ডিং টীম, ফ্যামিলি ইন্টারভেনশন প্রজেক্ট এবং হেলথ, এডুকেশন, হাউজিং, প্রবেশন, মেন্টাল হেলথ সার্ভিস ও বার্টস্ এনএইচএস ট্রাস্টের অফিসারবৃন্দ।

নির্বাহী মেয়র, লুৎফুর রহমান এ প্রসঙ্গে বলেন, শিশুদের পরিপূর্ণ সুরক্ষা নিশ্চিত করা আমাদের অন্যতম অগ্রাধিকার। এই নতুন ও আধুনিক হাব সৃষ্টির ফলে সংশ্লিষ্ট সকল এজেন্সি একসাথে ও ঘনিষ্ঠভাবে কমিউনিটির জন্য সম্ভাব্য সর্বোচ্চ সুফল নিশ্চিত করতে কাজ করতে সক্ষম হবে।

মাশ বা মাল্টি-এজেন্সি সেফগার্ডিং হাব এর মূল উদ্দেশ্যগুলো হচ্ছেঃ যত তাড়াতাড়ি সম্ভব শিশু এবং প্রাপ্ত বয়স্কদের ঝুঁকি চিহ্নিত করা; তথ্যাদি বিনিময় নিশ্চিত করা; অধিকতর দ্রুততা ও কার্যকরতার সাথে সিদ্ধান্ত গ্রহণ এবং ক্ষতির মাত্রা, অপরাধ ও সমাজবিরোধী কার্যকলাপ চিহ্নিত ও প্রতিহত করা।

এই ‘মাশ’ কনসেপ্টটি প্রথম কার্যকর হয় ডেভন এলাকায়, যা এখন এ ধরনের কাজে একটি মডেল বা আদর্শস্থানীয় বলে মনে করা হয়।

টাওয়ার হ্যামলেটসে শিশুদের সুরক্ষা নিশ্চিত করতে এবং শিশু ও পরিবারগুলোর অনুসন্ধান ‘দ্যা ইন্টেগ্রেটেড পাথওয়েজ এন্ড সাপোর্ট টীম (আইপিএসটি)’ নামে একটি মাল্টি-এজেন্সি গ্রুপ আগে থেকেই কাজ করে যাচ্ছে। ২০০৯ সালে যাত্রা শুরু পর থেকে এই সম্মিলিত প্রয়াসকে এ ধরনের কাজে আদর্শস্থানীয় বলে মনে করা হয়।

আইপিএসটি এর ভিত্তিকে আরো শক্তিশালী করার মাধ্যমে টাওয়ার হ্যামলেটস্ মাশ সাফল্য লাভ করবে এবং এই সার্ভিসকে উন্নতির আরেক ধাপে নিয়ে যাবে।

কাউন্সিলের কেবিনেট মেম্বর ফর চিলড্রেন, স্কুলস্ এন্ড ফ্যামিলিজ, কাউন্সিলর ওলিউর

রহমান বলেন, শিশুর সুরক্ষায় টাওয়ার হ্যামলেটসের এজেন্সিগুলোর অত্যন্ত শক্তিশালী রেকর্ড রয়েছে। মাশ মডেল এখন এই রেকর্ডকে আরো শক্তিশালী করবে।

তিনি বলেন, নতুন এই মডেল সংশ্লিষ্ট পরিবারগুলোর জন্য ভালো ফল বয়ে আনবে এবং এর ফলে গোটা কমিউনিটি লাভবান হবে।

পুলিশ বারা কমান্ডার, চীফ সুপারেন্টেন্ডেন্ট ডেভ স্ট্রিঙ্গার বলেন, যেসকল বাচ্চা ঝুঁকির মুখে পড়বে, তাদের সুরক্ষা দিতে ‘মাশ’ পুলিশকে অনেক দ্রুততার সাথে সাড়া দিতে সক্ষম করবে। তিনি বলেন, পার্টনারশীপের ভিত্তিতে কাজ করার ভালো রেকর্ড রয়েছে আমাদের। নতুন এই পার্টনারশীপ আমাদের সম্মিলিত প্রয়াসকে আরো শক্তিশালী করবে।

এনএইচএস টাওয়ার হ্যামলেটস্ ক্রিনিক্যাল কমিশনিং গ্রুপ (সিসিজি) এর চীফ অফিসার জেন মিলিগান, টাওয়ার হ্যামলেটসের অসহায় বাচ্চাদের সুরক্ষায় তথ্য বিনিময়ের গুরুত্ব সম্পর্কে সিসিজি সব সময়ই সজাগ রয়েছে।

তিনি বলেন, ‘মাশ’ এর কাঠামোর মধ্যে হেলথ টীমের সম্পৃক্ততা নিশ্চিত করার মাধ্যমে স্বাস্থ্য সম্পর্কিত তথ্যাদি সময়মত বিনিময়ে আমরা সক্ষম হবো।

কেয়ারারদের জন্য

প্যাম্পার ডে

Pampering day for carers – page 7

বারার যেসকল বারার যেসকল বাসিন্দা নিঃস্বার্থভাবে নিজেদের আত্মীয় স্বজন কিংবা বন্ধুদের পরিচর্যা, দেখভাল করে যাচ্ছেন, তাদের কাজের স্বীকৃতি দিতে টাওয়ার হ্যামলেটস্ কাউন্সিলের পক্ষ থেকে আয়োজন করা হয় প্যাম্পার দিবস এর। ১০ ফেব্রুয়ারী মাইল এন্ড ইকোলোজী প্যাভিলিয়নে আয়োজিত বিশেষ এই অনুষ্ঠানে বারার বিপুল সংখ্যক পরিচর্যাকারী যোগ দিয়েছিলেন।

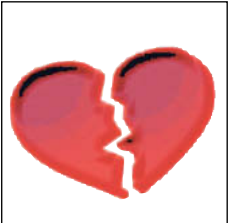
আপ্যায়নের পাশাপাশি অনুষ্ঠানে ম্যাসেজ থেরাপিস্ট, চিরোপডিস্ট, রেফলেক্সোলজিস্ট, নাইল এন্ড বিউটি থেরাপিস্টরা উপস্থিত থেকে তাদেরকে মাইন্ডবডি থেরাপি সার্ভিস প্রদান করেন।

কর্মক্ষেত্রের ব্যস্ততা এবং স্বজন কংবা বন্ধুর দেখভাল করার পরিবারিক কমিটমেন্ট রক্ষা অনেক বড় চ্যালেঞ্জ। কারণ, প্রিয়জনের পরিচর্যায় তাদেরকে অনেক সময় ও শক্তি বিনিয়োগ করতে হয়। তাই সঠিক সহায়তা নিশ্চিত না করে তারা তাদের নিজেদের জন্য কিছু করার কথা ভাবতে পারেন না।

বারায় বর্তমানে ২০ সহস্রাধিক কেয়ারার রয়েছেন এবং তারা যাতে সঠিক সহায়তা পান তা নিশ্চিত করতে কাউন্সিল এজেন্সিগুলোর সাথে কাজ করে যাচ্ছে। এই প্যাম্পার ডে আয়োজনে হেলথ চেক ফর কেয়ারার্স, লিফ্টএইজ প্রাস ও ফ্যামিলি এ্যাকশন সহ ১২টি সংগঠন সহায়তা করে।



Cllr Alibor Choudhury catches up with Nathan Giraudel



নারীর প্রতি সহিংসতা রোধে কাউন্সিলের নানা উদ্যোগ

বালিকা ও মহিলাদের প্রতি সহিংসতা রোধ করতে টাওয়ার হ্যামলেটস্ কাউন্সিল বারার তরুণ বয়সীদের সাথে কাজ করে যাচ্ছে। ভ্যালেন্টাইস ডে'কে উপলক্ষ করে নেয়া হয়েছে বিভিন্ন কর্মসূচিও। কিশোর-তরুণ বয়সীরদের জন্য কাউন্সিল অফিসাররা বারার স্কুল ও ইয়ুথ সেন্টার সমূহে বিভিন্ন ধরনের কর্মশালার আয়োজন করবেন। বিস্তারিত পড়ুন নিচে -

NO EXCUSE FOR DOMESTIC ABUSE

Harmony



Mayor Lutfur Rahman and Cllr Oliur Rahman with some of the award winners

মেয়রস্ কাপ ফুটবল টুর্নামেন্টের অনুদানের চেক হস্তান্তর অনুষ্ঠান

বার্ষিক মেয়রস্ কাপ ফুটবল টুর্নামেন্ট আয়োজনের মাধ্যমে অর্জিত অর্থ দিয়ে বারার স্পোর্টস ক্লাবস-মূহ এবং কমিউনিটি গ্রুপগুলো বাচ্চাদের জন্য নানা এন্টিভিটিজ ও লাঞ্চ ক্লাবের মতো অনেক জনপ্রিয় সার্ভিস প্রদান করতে সক্ষম হচ্ছে। গত বছরের টুর্নামেন্টে ৬০টি দলের হয়ে প্রায় ৯০০ খেলোয়াড় অংশ নিয়েছিলেন। এই টুর্নামেন্টের ব্যাপক সাফল্যের কারণে স্থানীয় ব্যবসা প্রতিষ্ঠানের কাছ থেকে আশানুরূপ স্পন্সরশীপ পাওয়া যায়। এই বাবদে অর্জিত অর্থ থেকে এবার ২২টি গ্র্যান্ট দেয়া হয়েছে। যা গতবারের চেয়ে ২টি বেশি। গত ১০ ফেব্রুয়ারী ইয়র্ক হলে অনুদান লাভকারী সংগঠনগুলোর মধ্যে চেক হস্তান্তর করেন নির্বাহী মেয়র লুৎফুর রহমান। এসময় তিনি বলেন, দ্যা মেয়রস্ কাপ আয়োজনে ব্যবসা প্রতিষ্ঠানগুলো খুব ভালোভাবেই সাহায্য করেছে। এরফলে আমরা ভালো কাজের জন্য

তহবিল সংগ্রহ করতে সক্ষম হয়েছি। তিনি বলেন, এই টুর্নামেন্ট থেকে বিপুল সংখ্যক স্থানীয় গ্রুপ লাভবান হচ্ছে দেখে আমি অভিভূত এবং এই গ্র্যান্ট বারায় সম্মিলিতভাবে কাজ করার ধারাকে আরো শক্তিশালী করবে। গ্র্যান্ট লাভকারী বালিকাদের জন্য গঠিত একটি কমিউনিটি ফুটবল ক্লাবের সদস্য সারাহ ল্যাং তার প্রতিক্রিয়ায় বলেন, “ফুটবল খেলো, বন্ধু বানাও ও আনন্দ করো” ক্লাবের এই থিমের প্রতি

মেয়রার খুবই অনুপ্রাণিত। প্রশিক্ষণের জন্য আমরা ভালো একটি স্থান খুঁজে না পেয়ে পার্কে প্র্যাক্টিস করছি। এই গ্র্যান্ট এখন আমাদেরকে উপযুক্ত সরঞ্জামাদি ক্রয়ে সাহায্য করবে, যা দিয়ে পার্কেই পিচে পরিণত করতে সক্ষম হবো। কেবিনেট মেম্বর ফল চিলড্রেনস সার্ভিসেস, কাউন্সিলর ওলিউর রহমান অনুদানের জন্য আবেদনকারী সকলকে ধন্যবাদ এবং যারা অনুদান পেয়েছেন তাদেরকে অভিনন্দন জানান।

নারীর প্রতি সহিংসতা রোধে কম বয়সীদের সচেতন করতে কাউন্সিলের নানা উদ্যোগ

No excuse for domestic abuse – issue 996

বালিকা ও মহিলাদের প্রতি সহিংসতা রোধ করতে টাওয়ার হ্যামলেটস্ কাউন্সিল বারার তরুণ বয়সীদের সাথে কাজ করে যাচ্ছে। ভ্যালেন্টাইস ডে'কে উপলক্ষ করে নেয়া হয়েছে বিভিন্ন কর্মসূচিও। কম বয়সীদের জন্য কাউন্সিল অফিসাররা বারার স্কুল ও ইয়ুথ সেন্টার সমূহে বিভিন্ন ধরনের কর্মশালার আয়োজন করবেন। এসব কর্মশালায় কিশোর তরুণ বয়সীরা যাতে করে নিগ্রহের ধরন ও নমুনা চিহ্নিত করতে পারে এবং যদি তারা কখনো পারিবারিক পরিমন্ডলে সহিংসতা কিংবা হয়রানি-নিগ্রহের শিকার হয়, তাহলে কোথায় কোন ধরনের সহায়তামূলক সার্ভিস পাওয়া যাবে, তা অবহিত করা হবে। এছাড়া কখনো কাউকে নির্যাতন না করা এবং কখনও কোন নির্যাতনের ঘটনা উপেক্ষা কিংবা নির্যাতনকারীকে ক্ষমতা না করার ব্যাপারে একটি অঙ্গিকারনামায় তাদেরকে স্বাক্ষর করতেও উদ্বুদ্ধ করা হবে। এ প্রসঙ্গে নির্বাহী মেয়র লুৎফুর রহমান বলেন, পারিবারিক সহিংসতা রোধ সহ সকল ধরনের কমিউনিটি সেফটি নিশ্চিত করা আমার সর্বোচ্চ অগ্রাধিকারের একটি। আমরা প্রায়শই ভুলে যাই যে, এ ধরনের অপরাধ ও নিগ্রহের ঘটনা শুধুমাত্র প্রাপ্ত বয়স্কদের ক্ষেত্রেই ঘটে না। উঠতি বয়সীরাও অনেক ক্ষেত্রে ক্ষতিকর ও অবমাননাকর সম্পর্কের বেড়া জালে আটকে পড়ে। মেয়র বলেন, আমি বারার সকল বাসিন্দাদের এটাই স্মরণ করিয়ে দিতে চাই যে, ডমেস্টিক ভায়োলেন্সের শিকার যারা হোন, তারা তরুণ কিংবা বৃদ্ধ, মহিলা কিংবা পুরুষ যা-ই হোন কেন, তাদের জন্য বিভিন্ন ধরনের সহায়তামূলক সার্ভিস রয়েছে। ডেপুটি মেয়র অব টাওয়ার হ্যামলেটস্, কাউন্সিলর অহিদ আহমদ বলেন, নিগ্রহ, নির্যাতনের ঘটনা রোধ কল্পে আমরা কমিউনিটিকে

আরো শিক্ষিত করে তুলতে কাজ করে যাচ্ছি। আমরা কমিউনিটি হিসেবে একত্রিত হলে আমাদের কম বয়সী ছেলেমেয়েদেরকে আমরা যেমন সুরক্ষা দিতে পারবো, তেমনি আগামী দিনে সহিংসতা বন্ধ করতে সক্ষম হবো। গত ৫ বছরের তথ্য-উপাত্ত নিয়ে পরিচালিত এক গবেষণায় দেখা গেছে, যত জন প্রাপ্ত বয়স্ক নির্যাতনের শিকার হয়েছেন, প্রায় তত জন কম বয়সীও তেমন অভিজ্ঞতার সম্মুখীন হয়েছে। এক পরিসংখ্যানে দেখা গেছে, তিন চতুর্থাংশ উঠতি বয়সী ছেলে মেয়ে মানসিক নির্যাতনের শিকার হয়েছেন এবং এক চতুর্থাংশ মহিলা শিকার হন শারিরিক নির্যাতনের। ডমেস্টিক ভায়োলেন্সকে প্রায়শই শুধুমাত্র শারিরিক নির্যাতন হিসেবে ধরা হয়। অথচ হুমকি, পার্টনারের প্রতি দমনমূলক আচরণ, যৌন হয়রানি, বন্ধুদের সাথে দেখা সাক্ষাত কিংবা যোগাযোগ করতে পার্টনারকে বাধা দান, কিংবা নিজের অর্থ-

কড়ির ব্যবস্থাপনা করতে না দেয়া অথবা অন্যের সামনে পার্টনারকে অপদস্ত করাও ডমেস্টিক ভায়োলেন্স-এর আওতায় পড়ে। ডিরেক্টর অব পাবলিক হেলথ, ডঃ সোমেন ব্যানার্জি বলেন, পারিবারিক সহিংসতা, হয়রানি খুবই গুরুতর এবং এটি দীর্ঘ মেয়াদে শারিরিক ও মানসিক স্বাস্থ্যের ওপর প্রভাব ফেলে থাকে। মহিলাদের বিরুদ্ধে সহিংসতা রোধে আসুন আমরা সবাই ঐক্যবদ্ধভাবে কাজ করি। যদি আপনি, কিংবা আপনার কোন বন্ধু কিংবা পরিবারের সদস্য কোন ধরনের সহিংসতা, হয়রানী বা নিগ্রহের শিকার হোন, তাহলে ০৮০০ ২৭৯ ৫৪৩৪ নাম্বারে (সোমবার থেকে শুক্রবার, সকাল ৯টা থেকে বিকাল ৫টা) ফোন করে ডমেস্টিক ভায়োলেন্স টিমের সাথে যোগাযোগ করতে পারেন। ঘটনা জরুরী হলো দয়া করে ৯৯৯ নাম্বারে ফোন করে তাৎক্ষনিক সাহায্য চাইতে পারবেন।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

‘ক্রিস্টিয়ান পেট্রোল’ নিয়ে যৌথ বিবৃতি

কতিপয় ব্যক্তি গত ৩১ শে জানুয়ারী ব্রিক লেন এলাকায় নিজেদেরকে ‘ক্রিস্টিয়ান পেট্রোল’ হিসেবে পরিচয় দিয়ে লিফলেট বিতরণ করেন। বিষয়টি টাওয়ার হ্যামলেটস্ কাউন্সিলের নজরে এলে কমিউনিটির বিভিন্ন পার্টনার এবং পুলিশের সাথে যৌথভাবে পরিস্থিতি পর্যবেক্ষণ করছে এবং এ ব্যাপারে যথাযথ পদক্ষেপ গ্রহণ করবে।

এই গ্রুপটি আবারও বারায় আসতে পারে বলে মিডিয়ায় রিপোর্ট বের হয়েছে এবং স্থানীয় কমিউনিটিকে আশ্বস্ত করতে এলাকাগুলোতে পুলিশী টহল বাড়ানো হচ্ছে। যেকোন ধরনের উদ্ভূত পরিস্থিতি মোকাবেলার লক্ষ্যে অফিসাররা এরই মধ্যে স্থানীয় ব্যবসায়ী এবং কমিউনিটি নেতৃবৃন্দের সাথে কাজ শুরু করছেন। নির্বাহী মেয়র লুৎফুর রহমান বলেন, যারা সমাজে ঘৃণা ছড়ায় এবং কমিউনিটিকে বিভক্ত করার হীন চেষ্টা চালায়, তাদের প্রত্যাখ্যানে ইস্ট এন্ডের রয়েছে সুদীর্ঘকালে সমৃদ্ধ ঐতিহ্য। আমি বারার সর্বস্তরের জনসাধারণকে এই মর্মে আশ্বস্ত করতে চাই যে, গুটি কয়েকের এই তৎপর-তাকে কাউন্সিল, পুলিশ এবং আমাদের সকল অংশীদাররা খুবই গুরুত্বের সাথে নিয়েছি।

মেট্রোপলিটান পুলিশ সার্ভিসের একজন মুখপাত্র বলেন, বারায় সাম্প্রতি একটি তৎপর-তার ইন্টারনেট ভিডিও সম্পর্কে পুলিশ সম্পূর্ণ ওয়াকিবহাল রয়েছে। এখানে বসবাসকারী, কর্মজীবী ও বেড়াতে আসা লোকজনের জন্য নিরাপদ পরিবেশ নিশ্চিত করতে আমরা সকল সহযোগীদের সাথে নিয়ে কাজ করে যাচ্ছি। টাওয়ার হ্যামলেটস্ ইন্টার ফেইথ ফোরামের চেয়ার এবং চার্চ অব ইংল্যান্ডের বারা চ্যাপলিন, রেভারেন্ড প্রেবেনডারি এ্যালান গ্রীন বলেন, বারার বাইরে থেকে আসা কতিপয় ব্যক্তি গোটা মুসলিম কিংবা খৃস্টান সম্প্রদায়ের পক্ষে টহল দেয়ার যে দাবি করছে তা কোনভাবে আমাদের প্রতিনিধিত্ব করে না এবং এখানে তাদের উপস্থিতি কোনভাবেই কাম্য নয়।

ব্রিক লেন কারি ক্যাপিটালের অবস্থানকে সুদৃঢ় করতে অঙ্গীকার পূর্ণবাক্ত

বারার রেস্টুরেন্ট ব্যবসাকে “জুয়েল ইন দি ক্রাউন” হিসেবে আখ্যায়িত করে ব্রিকলেনের রেস্টুরেন্ট ব্যবসার প্রসারে আরো সহযোগিতা করার দৃঢ় অঙ্গীকার ব্যক্ত করেছে টাওয়ার হ্যামলেটস্ কাউন্সিল। কাউন্সিল বলেছে, বর্তমানে ‘কারি ক্যাপিটাল’ হিসাবে খ্যাত ব্রিকলেনকে পর্যটনের আকর্ষণীয় কেন্দ্র হিসাবে গড়ে তোলার জন্যে আমরা কঠোর পরিশ্রম করে যাচ্ছি। আর আমরা এই সহযোগিতা অব্যাহত রাখার দৃঢ় প্রত্যয় ব্যক্ত করছি। প্রসঙ্গতঃ উল্লেখ্য, আগামী ২২শে মার্চ ব্রিকলেনের প্রমোশনের জন্য বড় ধরনের একটি অনুষ্ঠানের আয়োজন করা হয়েছে। ঐ অনুষ্ঠানে তারকা শেফ এইনসলে হ্যারিট উপস্থিত থাকবেন। এই এলাকার ব্যবসা-বানিজ্যের উন্নয়নে এই অনুষ্ঠান বিশেষ ভূমিকা রাখবে। উল্লেখ্য যে,কাউন্সিল তার দায়িত্ব পালনের অংশ হিসাবে ব্রিকলেন এলাকার ব্যবসা প্রতিষ্ঠানগুলোর প্রাণিং কন্ডিশন ও অপেনিং

আওয়ার্স (খোলা রাখার সময়সীমা) এর বেলায় নিয়ম নীতি অনুসরণ করা হচ্ছে কি না, তার উপর নজর রাখে এবং তা নিশ্চিত করে থাকে। এর মানে এটা নয় যে, অনুমোদিত সময়ের পূর্বেই রেস্টুরেন্ট বন্ধ করার জন্যে আইন প্রয়োগ করা হচ্ছে। প্রত্যেকটি বানিজ্যিক প্রতিষ্ঠানকেই প্রাণিং এর জন্যে আবেদনপত্র পূরণ করতে হয়। এই আবেদনপত্রের সাথে লাইসেন্সিং আওয়ার্সের আবেদনপত্রও পূরণ করতে হয়, যাতে এর সময়সীমা বর্ণিত থাকে। এটা আইনের বাধ্যবাধকতা। কোন রেস্টুরেন্টের মালিক যদি তাদের রেস্টুরেন্ট খোলা রাখার সময়সীমা আরো বাড়াতে চান তাহলে আবেদন করলে কাউন্সিল সেটি বিবেচনা করে দেখে।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান বলেছেন, “ব্রিকলেনের রেস্টুরেন্টের প্রতি আমার একশত ভাগ সমর্থন ঘোষনা করছি। গত কয়েক দশক ধরে ব্রিকলেনের রেস্টুরেন্ট ব্যবসায়ীরা কঠোর পরিশ্রম করে যাচ্ছেন। ব্রিকলেন এখন পর্যটকদের জন্যে একটি আকর্ষণীয় স্থান হিসেবে গড়ে উঠেছে এবং অর্থনীতির স্থানীয় কেন্দ্র হিসেবেও ব্রিকলেন পরিগণিত হয়েছে।”

মেয়র আরো বলেন, “কিভাবে ব্রিক লেনকে তার প্রত্যাশিত ‘কারি ক্যাপিটাল’ হিসাবে তার অবস্থান কিভাবে আরো সুদৃঢ় করা যায়, সেজন্যে কাউন্সিল নানা পন্থা খুঁজছে এবং এ জন্যে কাউন্সিল তার অতিরিক্ত সহযোগিতার হস্ত অবশ্যই প্রসারিত করবে।”

এ্যাথলেটরা অনুদানের জন্য আবেদন করতে পারবেন

টাওয়ার হ্যামলেটসের উদীয়মান মহিলা ও পুরুষ ক্রীড়াবিদরা তাদের কোচিং ও ট্রেনিং এর ব্যয়ভার নির্বাহে জিএলএল স্পোর্টস্ ফাউন্ডেশন (জিএসএফ) এর অনুদানের জন্য আবেদন করতে পারবেন। আগামী ২০ ফেব্রুয়ারী বৃহস্পতিবারের মধ্যে আবেদন করতে হবে।

২০১৩ সালে জিএসএফ প্রায় ১৩০০ এ্যাথলেটকে সহায়তা প্রদান করেছে। এদের মধ্যে রয়েছে টাওয়ার হ্যামলেটসের ওয়েটলিফটার মার্সি ব্রাউন (১৭), যে লিথুনিয়ায় অনুষ্ঠিত ইউরোপীয়ান ইয়ুথ ওয়েটলিফটিং চ্যাম্পিয়নশীপে দু’টি ব্রোঞ্জ পদক জিতেছে।

এ্যাথলেটরা তাদের সামর্থ্য অনুযায়ী সাফল্যের শীর্ষে উঠতে যেসব প্রতিবন্ধকতার মুখোমুখি হয়, সেগুলো দূর করতে এই ফান্ড ভূমিকা রাখে। সংস্কৃতি বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর রানিয়া খান বলেন, এই সুযোগ গ্রহণ করার জন্য আমি বারার সম্ভাবনাময় তরুণ এ্যাথলেটদের অনু-রোধ জানাই। এই অনুদান তাদের ওপর থেকে আর্থিক চাপ কমাতে সাহায্য করবে এবং তারা তাদের পছন্দের খেলায় সাফল্য অর্জনে অধিকতর মনোনিবেশ করতে সক্ষম হবে।

অনুদানের জন্য আবেদন করতে কিংবা বিস্তারিত তথ্য জানতে হলে www.gll-sportfoundation.org- এই ওয়েবসাইট ভিজিট করতে অনুরোধ করা হয়েছে।

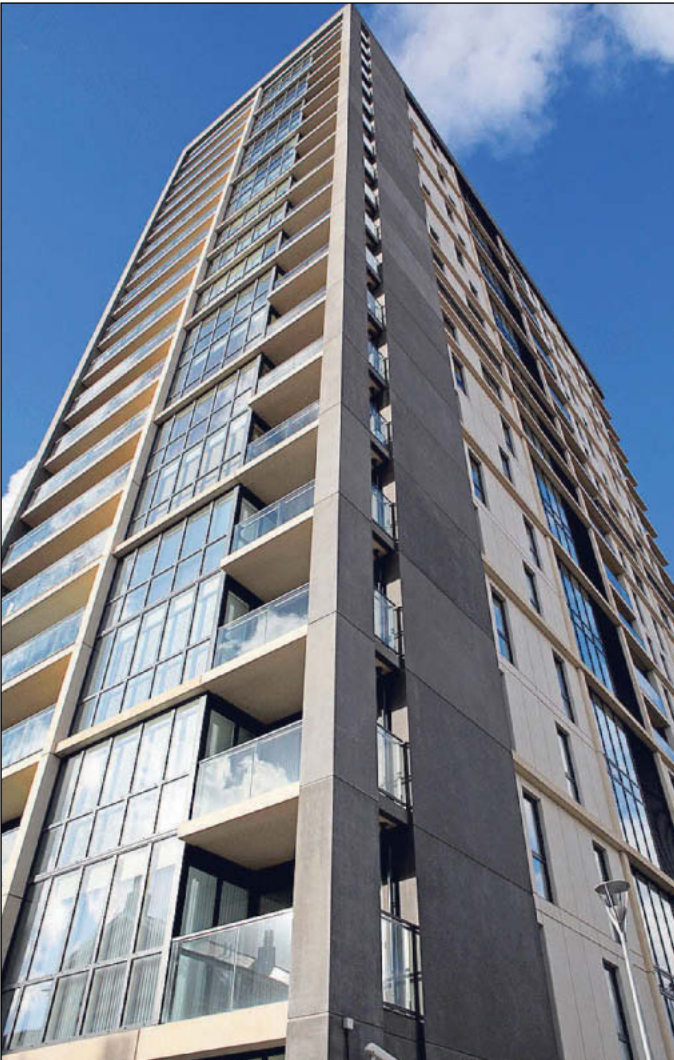
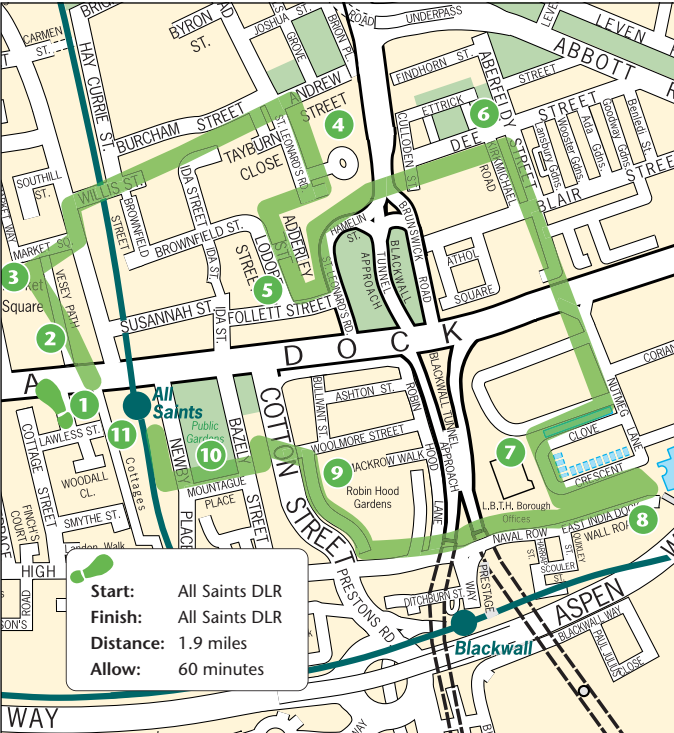
■ The above stories are: joint statement on “Christian patrols” – page 11; Brick Lane curry capital – issue 996; athletes can apply for funding – issue 996.

On this month's walk, **Graham Barker** explores the architecture of All Saints and the alphabet streets of Aberfeldy. Photos by **Kois Miah**.

AS you explore All Saints and Aberfeldy, you'll encounter a lively market square, iconic 1960s architecture, and sculptures amongst the reclaimed East India Docks. Whatever your tastes, there's plenty to see.

From All Saints DLR station, veer left and cross East India Dock Road. Look back towards Poplar Baths (1), opened in 1934 and featuring art deco touches, such as ladder windows and a vaulted ceiling. The building is currently under redevelopment and by 2015 a swimming pool will be available once again, as well as a gym and rooftop ball court.

(Bottom) The 20-storey Panoramic



The soon-to-be-redeveloped Robin Hood Gardens



The elaborate interior of All Saints Church

Local shipbuilder and philanthropist Richard Green sits outside, with his dog beside him. The dog's right ear is missing; in 1967 an enthusiastic child got his leg stuck whilst clambering on the statue and firemen had to lop off the dog's ear to release him.

A few steps along, a wall of green and blue glass marks out the Chrisp Street Idea Store (2), one of five across the borough. Take a browse inside – as well as books, you'll find DVDs for hire, martial arts sessions, book groups, tea-n-chat golden time and internet access.

There has been a market at Chrisp Street since Victorian times. But after heavy Blitz damage, the old market was replaced with the first purpose-built pedestrian shopping area in the UK (3). Designed by Frederick Gibberd, it formed a focal point during the Living Architecture showcase of the 1951 Festival of Britain. Scissor-patterned lines lead up the clock tower, originally intended as a viewing platform.

Today, you'll find market stalls selling mooli and mangoes, peppers and pumpkins. Others offer scarves, jewellery and homewares. And cafés around the fringes provide sustenance.

Along Willis Street – with Balfon Tower on the horizon – head past The Panoramic tower block, a green playspace and giant polished pebbles outside Langdon House, with glimpses of Langdon Park School to the left.

At 27 storeys, Balfon Tower (4) soars to the skies; get up close to feel the full impact of the Brutalist 1960s architecture. It was designed – along with Carradale and Glenkerly Houses – by Erno Goldfinger. Walkways connect the maisonettes to the lift tower, which is cast in rugged concrete and slashed with arrow-slit windows.

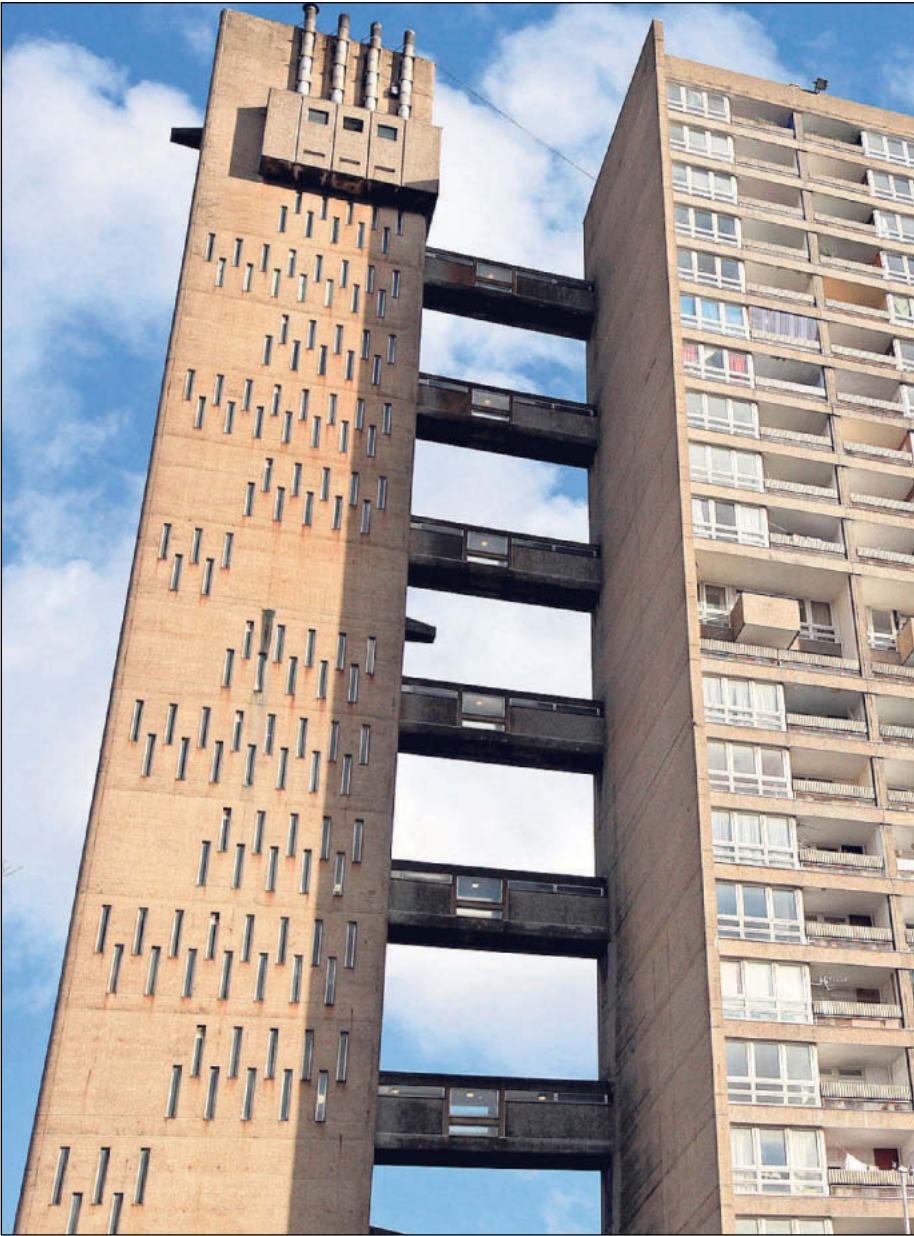
Opposite, an archway leads onto Lodore Street, where a new children's playground brightens up the streetscape with an imaginative cluster of slides and climbing frames.

St Frideswide's Mission (5) brings to mind Nonnatus House in the TV series, Call the Midwife; set in 1950s Poplar, nurses and nuns work together in community midwifery. The former Jerusalem Coffee House – another St Frideswide's venture – stands nearby at 18 Follett Street.

The Blackwall Tunnel Approach throbs with traffic. To escape it, take the footpath curving behind Balfon Tower. Through the subway, lined with cheerful tile pictures, you emerge into the Aberfeldy Estate.

Aberfeldy was developed from the 1860s by David McIntosh; the street names have a Scottish flavour – Athol, Blair, Culloden and Dee – and follow the alphabet as they run northwards.

Build it and From Gibberd to Goldfinger, the



Erno Goldfinger designed the Brutalist icon Balfon Tower, with ragged concrete and

Walk of the Month: Al

At Aberfeldy Street, a high-level sculpture depicts A Vision of Aberfeldy created by local youngsters. Framed by busy roads, Aberfeldy has a certain self-sufficiency, with its own shopping parades and a community centre (6) offering playgroups, sports activities, sewing classes and youth sessions. St Nick's – as the church opposite is known –

has a Scandinavian look and a ceiling created from 20 painted canvases.

At Blair Street, Culloden Primary School jumps out with eye-catching green, grey and yellow bands, and the solitary chimney beyond is all that remains of Poplar Hospital.

Take care as you cross East India Dock Road.



The pump house on Naval Row once powered dock cranes



Poplar Baths, with its art deco flourishes, opened in 1934



The former Jerusalem Coffee House in Follett Street

And they will come

There's a wealth of amazing architecture in Poplar



slashed arrow-slit windows

All Saints and Aberfeldy

Soon you're in a completely different world, surrounded by gleaming office blocks built on land reclaimed from the East India Docks. The street names – Nutmeg Lane, Clove Crescent, Saffron Avenue – hint at the cargoes once handled here.

Follow the mock canal right – past David King's Shadow Play sculpture – to Mulber-

ry Place (7), so named because floating mulberry harbours for the D-Day landings were made here. Today this serves as the Tower Hamlets town hall, a nerve centre for all manner of council services including education, health, housing, leisure and social care.

Outside Lighterman House, Kim Bennett's bronze Domino Players are poised dur-

ing a game – join them on the fourth seat. And by the lake, Maurice Blik's Renaissance sculpture depicts a delicately kissing couple.

By the red post boxes, wander out into Naval Row. You're now skirting the fortress-like wall, some 20 feet high, designed to prevent pilfering of valuable cargoes from the docks.

The former pump-house (8) – with an Italianate accumulator tower – powered the dock cranes and locks from 1857, and further along The Steamship maintains the maritime flavour. Cyclists whizz by, shuttling between Barking and Tower Gateway on the blue CS3 cycle super highway.

Opposite Poplar Mosque and Community Centre, nip into Robin Hood Gardens (9). Like Balfour Tower, this remarkable 1960s social housing development is much visited by architecture students. Designed by husband-and-wife team Alison and Peter Smithson, the two blocks were constructed with pre-cast concrete and incorporate wide walkways to form 'streets in the sky'.

See it whilst you can, before the area is redeveloped as Blackwall Reach. Wander beside the central green and the sports court – with Olympic-inspired murals – and head to the far corner.

Beyond Cotton Street, you emerge facing Charles Hollis' All Saints Church. Skirt around the railings, heading left. In Bazeley Street there's a glimpse of the Greenwich Pensioner, an ivy-clad 1827 pub with Taylor Walker tiling.

All Saints Church (10) was opened in 1823, at a time when wealthy merchants moved here to be near their dock-based businesses. Remarkably, the rector retains the right – thankfully not exercised – to close East India Dock Road to prevent noise during the time of Divine Service. As you approach, look up to the grand portico and sleek white spire, some 160 feet high. If it's open, check out the scale model by architect Charles Hollis on display inside.

More recently, Newby Place Health Centre (11) was opened as an integrated primary care centre. A plaque presents a rather morbid greeting to visitors – before the foundations were started, the bodies of over 1,500 cholera victims had to be exhumed from a burial ground here. It's worth a quick look inside, before returning to All Saints DLR station, the end of your walk.



St Nick's Church has a ceiling made of painted canvasses



Charles Hollis-designed All Saints Church in Poplar



Arts award

Benedict Drew was shortlisted for the Jarman award in 2012.

DETAILS BELOW



Platform for emerging writers

London Drama Group is a new inclusive theatre company incorporating a mix of ages, cultures and nationalities. It provides a platform for emerging writers to stage new plays.

WWW.LONDONDRAMAGROUP.WEBS.COM

Out & about guide

What's on where this week

Dance

Argentinian tango E14

Class. Sat 2-5pm. £5.
St John's Community Hall,
37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American

Fri, 2-4pm, £2.50, 20p
refreshments.
Kingsley Hall, Powis Road, E3.
8550 1392

Belly dancing

Beginners' belly dancing classes
Sats, 2-3pm, £6.
Oxford House,
Derbyshire Street, E2.
07796 850506

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm.
Free.
Alpha Grove Centre, Isle of
Dogs, E14
7538 1714

Energize4Girlz

South African gumboot dancing.
Every other Saturday from
11am-12:30pm.
St Pauls Shadwell Church,
302 The Highway, E1.
energize4girlzdance@gmail.
com

Green Candle Senior Dance

Over-60s, no experience is
necessary.
Tues, 10.30am-12.30pm, one
free taster session.
Oxford House, Derbyshire
Street, E2.
7739 7722

Salsa

For dancers of all experience,
beginners welcome, followed
by dancing until midnight.
Prices vary.
Every Tues & Weds, 7.30-9.30pm.
The Urban Bar, 176
Whitechapel Road, E1.
07932 658861

Zumba classes

Every Tues 11.15am-12.15pm.
Healthy living sessions every
Fri, 11am-3pm.
St Matthias Community
Centre, 113 Poplar High St, E14.
7515 8362

Kids

Children's dance classes

Tap, ballet and modern jazz
classes.
Thurs, 4-6pm, term-time only.
£1.50. Dockland Settlements,
197 East Ferry Road, E14.
7093 3146

Dance play

Dance and movement for
parents/carers and children
aged 1-5. Tues, 1.45-2.45pm,
£1.50 (concessions available).
Language of Dance Centre,
Oxford House,
Derbyshire Street, E2.
7749 1131

Ballet

Classes every Thurs – ages 3-5
yrs, 3.50-4.25pm, £4; ages 6-11
yrs, 4.25-5.10pm, £4.
Alpha Grove Centre,
Isle of Dogs, E14.
7538 1714

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm.
Tower Project,
45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes

For ages 2-11 on Sat mornings.
£44-49.50 per term or
£4.50/£5 per term, plus
concessions.
Chisenhale Dance Space,
64-84 Chisenhale Road, E3
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre

Drama and musical theatre
for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time

Thurs, 2-3 pm.
Watney Market Library,
30-32 Watney Market, E1.
7790 4039

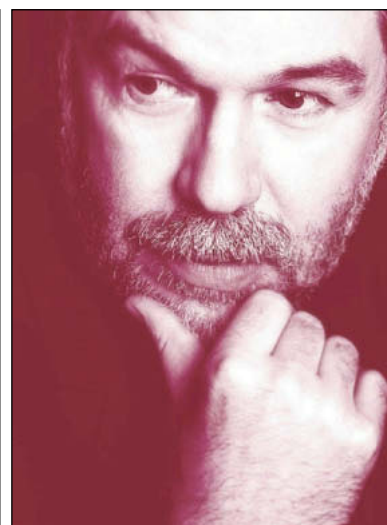
Young & talented?

Performing arts group for
6-to 16-year olds. Sats,
10.30am- 1.30pm, term-time.
Oxford House,
Derbyshire Street, E2.
8556 5348

Music

Creative Unity steel band

Steel pan classes Thurs,
6.30-8.30pm.
St Matthias Community
Centre, 113 Poplar High Street,
E14.
07808 847974



Robert Elms: Soul Fridays

Writer, broadcaster, DJ
and soul music champion
Elms is the brains behind
this new regular night.
The first instalment
features the first X Factor
winner Steve Brookstein
(pictured), serving up a
few classics as well as
tracks from his new
album. Listen at the
whisky bar or while tucking into some traditional
Scottish grub. Fri, Feb 21. £10-£40.
Boisdale, Cabot Place, Canary Wharf, E14.
www.boisdale.co.uk



Comedy

Knock2Bag East

Comedy night featuring some
of the London circuit's brightest
stars. On the bill are Nick Helm,
Fin Taylor, Flange Kramer, Lolly
Adefope and Milo McCabe. £8.
Sat, Feb 22. 7.30.
Rich Mix,
35-47 Bethnal Green Road, E1.
7613 7498
www.knock2bag.co.uk

Events

Bubble Club presents

Spectacular Spectacular!

Expect contortion, vaudeville
burlesque, musical comedians
and a cancan finale. £5.
Weds, Feb 19. 7-11pm.
Backyard Bar,
231 Cambridge Heath Road, E2.
[www.facebook.com/
bubbleclubeast](http://www.facebook.com/bubbleclubeast)

Anthropomorphic Mouse Taxidermy Class

Find out why taxidermy is the
new rock 'n' roll with Margot
Magpie, who will share her
skills in displaying taxidermied
animals doing human things.
Materials and mice provided,
take your own miniature
items of dress or decoration.
Weds, Feb 19. 7pm. £60.
Box Park, Bethnal Green Road, E1.
8133 0182
www.afiieldguide.org

Exhibitions

Acme's First Decade 1972 -1982

Works from the tenant artists.
Until Sun, Feb 23.
Whitechapel Gallery, 77-82
Whitechapel High Street, E1.
7522 7888

www.whitechapelgallery.org
www.acme.org.uk

Benedict Drew, Heads May Roll

Large-scale installation
attempting to make sense of
the absurdity of a life spent
staring into a screen and the
social anxiety induced by
'smart' objects. Free.
Weds-Sun, 12-6pm,
until Apr 20.
Matt's Gallery, 42-44
Copperfield Road, E3.
www.mattsgallery.org

Matthew Krishanu & Cara Nahaul: Another Country

Show combines two different
approaches to painting looking
at travel, dislocation and
memory. Krishanu creates
paintings from memory and
photographs while Nahaul's
paintings investigate
representation and
performance. Free.
Until Apr 6. Tues-Sun, 10am-5pm.
The Nunnery, 181 Bow Road, E3.
www.bowarts.org/nunnery

Michael Chanarin: Illustrated Guide to Wisdom, Version 3.1

New work inspired by stylized
pen and ink illustrations used
in children's morality tales of
the 1930s-60s.
Until Feb 28. Mon-Fri, 12-6pm,
Suns by appointment.
11 Princelet Street, Spitalfields, E1.
7247 1816
www.elevenspitalfields.com

Film

Acme Artists

Screenings of work made by
artist tenants of short-life

housing managed by Acme
between 1972 and 1982, shown
in original 16mm format.
Include John du Cane, Gill
Eatherley, Ron Haselden and
Annabel Nicolson. Followed by
Q&A with Jonathan Harvey,
co-founder of Acme Studios,
Ken McMullen and William
Raban. £8.50/£6.50.
Thurs, Feb 20. 7-9pm.
Whitechapel Gallery, 77-82
Whitechapel High Street, E1.
7522 7888
www.whitechapelgallery.org

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www.space.org.uk
7515 7799

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Awards a-go-go for Goth Girl creator

Chris Riddell has won three Nestlé Smarties Book Prizes, a Red House Children's Book Award and the UNESCO Prize for Children's and Young People's Literature in the Service of Tolerance.

SEE BELOW

Festival at St Clement's

St Clement's Hospital is 4.63 acre site in the heart of Mile End. It was built as a workhouse in 1848-49.

SEE BELOW

Out & About

Eerie venue for history festival

BY RUSSELL COTMAN

THE spectacular St Clement's Hospital (pictured right) is at the heart of a week-long festival featuring an exhibition, film, walks and talks.

The disused hospital began life in 1849 as the Bow Road workhouse, built by the Board of Guardians of the City of London Union to house the destitute and infirm, and eventually became a mental health hospital, closing in 2005.

Now derelict, its ownership has been transferred to a Community Foundation and should one day become affordable housing. In the meantime it has become an eerie and spectacular venue for arts events.

This mini festival is built around an exhibition looking at the lives of the psychiatric inmates and staff.

St Clement's Workhouse to Our House includes archival photographs, maps, letters



and stories from its dramatic history, memories and oral histories from nurses and ex-service users, and a place for people to share their own memories of St Clement's.

It is set in the Board of Guardians and psychiatric outpatients building and is open daily from **February 22-28, between 12 noon and 6pm.** Entry is free.

Visitors can also explore the surrounding Mile End in a programme of literary and nature walks, celebrating WG Sebald's locally set *Alstertlitz*, led by Iain Sinclair and Shadwell poet Stephen Watts, as well as walks

with the Friends of Tower Hamlets Cemetery Park.

These include history walks on **Saturday, February 22 and Thursday, February 27 at 1pm** where you can learn about some of the Cemetery Park's 'permanent' residents. Meet at Tower Hamlets Cemetery Park, Southern Grove, E3 at the Soanes Centre near the main gates.

In the evenings Queen Mary University's young film makers Mile End Films will host events for people interested in the heritage of St Clement's, local arts and the film industry.

Highlights include Mile End Shorts Film Festival on **Tuesday, February 25 from 6.30-9.30pm.** Entry is £5.

On **Friday, February 28 from 8-10pm** there will be music/spoken word cabaret of performers, poets, writers and musicians including Matthew Robins, Hannah Lowe, Cecilia Knapp and Oh Standfast. Entry is £5.

Visit **www.shufflefestival.com**

MULTI-AWARD winning author and illustrator Chris Riddell will be the star attraction at Half Moon Young People's Theatre's family fun day next weekend. The author of *Goth Girl* and *the Ghost of a Mouse*, and *Ottoline* and the

Yellow Cat will read from, and sign copies of, his books from

12.30-1.30pm on Saturday, February 22.

Throughout the day there will be drama and puppet-making workshops, face-painting, art gallery trails and performances of the puppet show *Nice*.

A pop-up bookshop selling copies of his books will be run by Victoria Park Books.

Chris Elwell, director of Half Moon Young People's Theatre, said: "We're delighted to be welcoming one of this country's most acclaimed and prestigious authors of children's literature to Half Moon for our first family fun day."

Tickets for *Nice* are £6. To book call 7709 8900 or visit **www.halfmoon.org.uk** for details and times of other activities, which are all free.



News in brief

Blur's Albarn gig at Queen Mary uni

BLUR frontman Damon Albarn will be playing an intimate gig at Queen Mary, University of London to promote his first ever solo album, *Everyday Robots*.

Albarn will be on stage in the Great Hall of the People's Palace at the university in Mile End Road on May 1 for one of just two London shows.

The gig is something of a coup for the university, said George Foden, corporate events manager: "We're really excited to be involved and delighted they chose the Great Hall for this high profile show."

Tickets, priced at £35, went on sale on Valentine's Day. If there are any left, you can buy them at **www.gigsandtours.com/go/damonalbarn**

Prints on show

A SELECTION of prints by mature students is on display at the Brady Arts Centre until the end of February.

The work, produced by students attending Idea Store Learning printmaking classes at the Shadwell Centre, was selected by tutors to demonstrate the variety of different print techniques which it is possible to learn.

The event is open Monday to Friday 9am-7pm, and Saturdays 10.30am-5pm, at the centre's exhibition space, 192-196 Hanbury Street, E1.

Balkan 'n' blues

ALTERNATIVE music venue Jamboree welcomes Balkan four-piece Valkania this Wednesday, February 19.

Juggling five languages, the band draw on the music of Greece, Bulgaria, Macedonia, Bosnia & Herzegovina, Serbia, Montenegro and Croatia.

They celebrate their native infectious, uneven rhythms then mix it up with jazz and blues – plus 'Balkanized' takes on the Rolling Stones to Roxy Music.

Doors open at 7pm at 566 Cable Street, E1W. Tickets are £4 – call 7791 5659.

www.jamboreevenue.co.uk



ELEVEN artists have joined together for a thought-provoking exhibition at Espacio Gallery. Running from February 20-25, *Figuratively Speaking* features work by artists from diverse backgrounds, united by a shared visual understanding of the world as an exciting place to be explored and represented. The artists include three graduates of the Sir John Cass School of Art at London Metropolitan University in Whitechapel – Virginia Waterhouse, Wendy Roberts and Helga Lee. It is open daily, from 1-7pm, at the Espacio Gallery, 159 Bethnal Green Road, E2.



(Left) Eleanor Buffam's *Clapton Hart Skylight*. (Above) Paul Janssens' *Breaking the Surface*

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Eating out, eating in

A Peruvian paradise

BY GORDON BLUE

IT'S hard to keep up with the merry-go-round of new and exciting places to eat in Shoreditch, but how could you not go and try a Peruvian restaurant?

The concept is based on the family-run Picantarias in the Andes, and the general all-are-welcome vibe is tangible as soon as you enter.

The lighting is perfection at Andina, candles and copper emitting a warm glow.

The menu is at least 50 per cent vegetarian, and healthy, nutritious ingredients are sure to hit the right notes for the abstinent. The cocktail menu is inspirational and eccentric, imbibing far-flung ingredients such as marigold, greengage and quinoa milk (more on that later).

We kick off with quinoa croquetas (no prizes for starting to see a theme) and yucas (fried cassava root vegetables with a nut and herb dip). Perfect bite-sized portions of tasty morsels, which sharpen the appetite alongside the rather delicious chardonnay and cabernet.

There's a whole separate menu for ceviches, which sound



A high end culinary experience awaits at Andina

stunning in the raw and fresh glory. I only stop obsessing about trying everything when I'm promised a return visit.

My main of quinoa burger (oh yes, now you're seeing it) was better than any burger I've had. Chilli mayo, papaya, mint and kiwi allow the quinoa to sing. The quinoa grain is one of those funny ingredients that on its own doesn't really amount to much, but with careful flavouring and preparation through marinating can easily become

the star of the show, particularly to those veggies among us.

Our other main of causas amantani (potato cakes topped with hake, scallop and trout) was a thing of beauty. Delicious and lovingly prepared, this is a piece de resistance.

We were too full for pudding even though the menu included such tempting offerings as quinoa chocolate brownie (I know), filo pastry filled with dulce de leche (which is the kind of ingredient I could hap-

pily pipe straight into my mouth) and pumpkin donuts with vanilla ice cream. Even typing that I've started to salivate like a Pavlovian dog.

Two courses and wine for two totalled just over £50 including service, which in my book is a billy bargain for such a high end culinary experience.

This is certainly the Machu Picchu of Peruvian restaurants, if not of London in general.

Andina is at 1 Redchurch Street, E2. Tel: 7920 6499.

Winter warmer of butternut & barley

AS the first charity to create awareness of the link between diet and cancer risk, World Cancer Research Fund produces all kinds of healthy recipes – including offerings for the Great Grub Club, a free club for 4- to 7-year-olds in Tower Hamlets and Hackney.

On joining, kids receive the Passport to Good Health membership pack and a free quarterly magazine to help them develop healthy habits. For more information visit www.greatgrubclub.com or to sign up call 7343 4200 or email food.smart@wcrf.org.

Turkey, butternut squash and barley casserole – serves 4

Ingredients

Olive oil spray	550ml low-salt chicken stock
2 tsp olive oil	450g cubed cooked or leftover turkey breast
1 green pepper, diced	1 large butternut squash
1 large onion, chopped	peeled, de-seeded and cut into
220g pearl barley, rinsed	2.5cm (1 inch) cubes
1 tsp dried sage	200g crumbled feta cheese
Freshly ground black pepper	

Method

1. Coat a medium-sized baking dish with the olive oil spray.
2. In a large saucepan, heat the olive oil over a medium-high heat. Add the green pepper and onion. Sauté for 2 minutes. Add the barley, sage and black pepper and stir well. Add the stock and bring to the boil. Lower the heat, cover and simmer for 40 minutes.
3. Add the cooked turkey breast and butternut squash and continue to simmer for 15 minutes more or until all of the stock is absorbed and the squash is tender. If the mixture seems too dry, add an additional 140ml of stock or water.
4. Preheat the oven to 180°C/350°F/gas mark 5. Transfer the mixture to the prepared baking dish and top with the cheese. Bake, uncovered, for about 30 minutes, until the cheese is golden.



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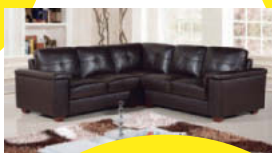
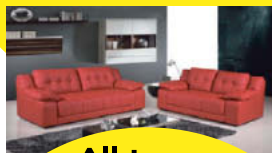
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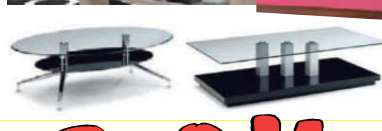


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OLYMPIC VENUE
DEAL MARKS GAY
MARRIAGE ACT



Up to £700 off cost of an April wedding for gay couples 'tying the knot'

Stunning setting in Queen Elizabeth Olympic Park
Building nominated for Civic Trust Award for design

Gay couples in Tower Hamlets planning to take advantage of the newly passed same-sex marriage act could get up to £700 off their wedding costs at the Unity Kitchen Cafe and Events in the Queen Elizabeth Olympic Park. The charity-run social enterprise is offering a free let of the venue's events space - worth up to £700 - at the specially built Timber Lodge building to couples that book their wedding between April and July this year.

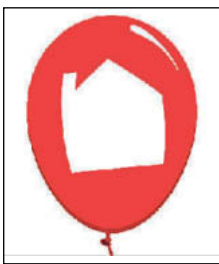
Legislation to allow same-sex marriage in England and Wales was passed in July 2013 and will come into force on 13 March 2014, with the first same-sex marriages taking place on 29 March 2014. The new law will also grant anyone who is

registered in a civil partnership the ability to convert that partnership into a marriage.

Within easy rail and tube access of Stratford, Timber Lodge boasts an abundance of light with stunning views over the Queen Elizabeth Olympic Park. Unity Kitchen Cafe and Events can also provide quality, responsible catering and a full alcohol license. Timber Lodge has also been nominated for a National/International Civic Trust Award for the building's design.

Couples who are interested in getting married at Timber Lodge should contact:

T: 020 7241 9076 and
goodtimes@unitykitchen.co.uk



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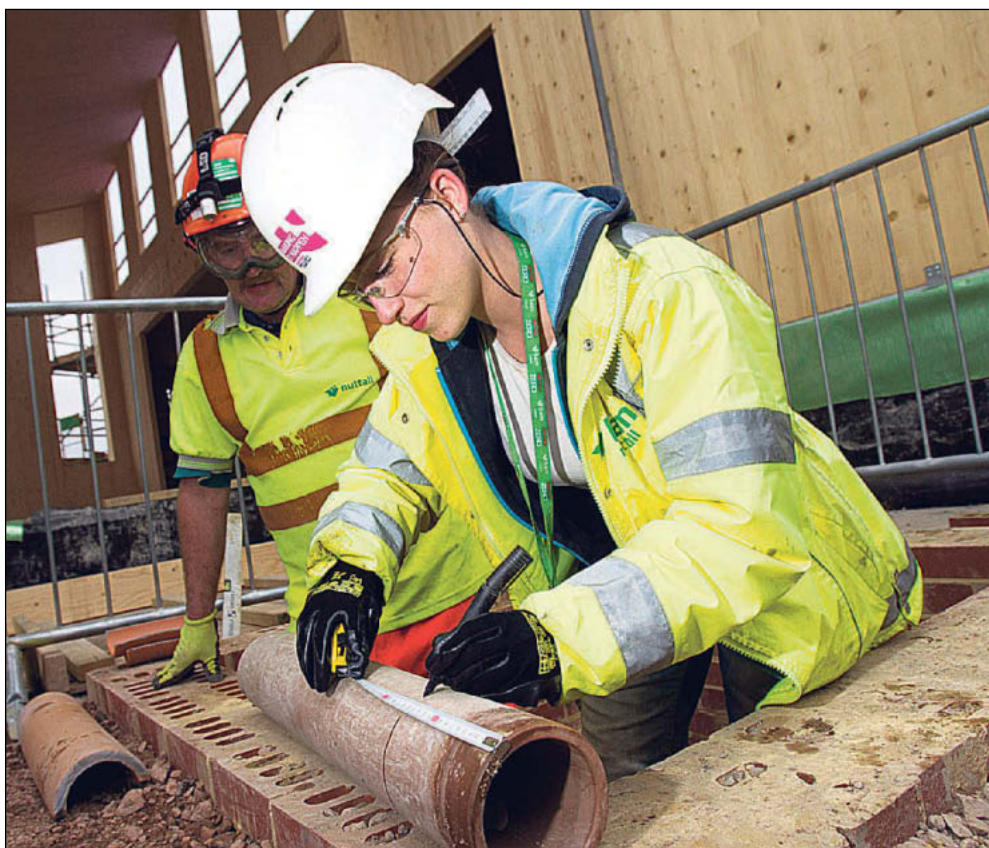
LEFT, APPRENTICE LEANNE DOIG

Property

A COLLEGE student who has won an award for her work as a construction apprentice on the former Olympic Park says she hopes one day to run her own business.

Leanne Doig, 21, a student at Tower Hamlets College in Poplar, has been named the Queen Elizabeth Olympic Park Apprentice of the Year and was presented with her award at a ceremony held in City Hall. Judges praised her enthusiasm and strong commitment, as well as her willingness to learn and get stuck in.

Leanne said: "I want to run my own business one day and hire lots of women, because we need more women in construction." Leanne has been training on projects including the Lee Valley VeloPark and Timber Lodge Café.



Apprentice Leanne Doig on site at the Queen Elizabeth Olympic Park

News in brief

Tenants' warning

LEGAL action has been taken against two tenants who were causing problems for their neighbours on the Teviot estate in Poplar.

Both tenants had harassed and disturbed their neighbours, which led to a recent fight that caused damage to communal areas.

Injunctions were granted to landlords Poplar Harca at Bow County Court on January 22 for a period of two years.

The two residents apologised for their behaviour and promised to be 'model tenants' from now on. They will be closely monitored by Poplar Harca's anti-social behaviour (ASB) team to ensure they comply with its terms.

Harca spokesman Jamie Lock said: "We will not tolerate people threatening our other

residents. Thanks to the support of residents, we were able to get this great result quickly."

Private rent survey

A COMMUNITY organisation is conducting a survey and would like to hear from residents who rent their home from a private landlord.

Toynbee Hall housing engagement officers believe that hundreds of households renting privately in Tower Hamlets are struggling due to rising rents, living costs and welfare reforms.

There will be a prize draw to win shopping vouchers worth £125, £50 or £25. The survey closes on March 5.

Visit www.surveymonkey.com/s/private renters

To arrange an appointment to complete the survey offline, contact Jamie Palmer on 7392 2912 or 07508 775951.

Home ownership 'slips out of reach'

BY JESSICA ODUBAYO

THE majority of Londoners on average wages would need to more than double their annual salary to keep up with house prices, according to new research by a homelessness charity.

Shelter looked at wage and house price inflation since 1997 in every area of the capital, and used this to calculate the level of average annual earnings if they had risen at the same rate as house prices.

In Tower Hamlets, people on average wages would need an extra £50,000 each year to keep up with house price inflation.

Shelter said the impact of the housing shortage had been widespread, with the latest census showing a 12 per cent drop in the proportion of homeowners in the capital.

And across the country the



You'd need to more than double your salary just to keep up with rising house prices."

Campbell Robb, Shelter gap between wages and house prices continued to grow. In the late 1990s, the average house in London cost five times the average salary but by 2012 it had

jumped to ten times that level.

The charity is warning that if house prices are left to rise still further, future generations hoping for a stable home will be priced out of the market while the thousands of families already struggling to keep up with their high housing costs each month will find it even harder.

Campbell Robb, Shelter's chief executive, said: "When you'd need to more than double your salary just to keep up with rising house prices, it is no surprise that the dream of a home of their own is slipping further out of reach for a generation.

"Politicians need to start meeting people halfway by committing to bold solutions that will get more affordable homes built.

"Otherwise future generations will find themselves priced out of a stable home, however hard they work or save."



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ہم صرف ان لوگوں سے رابطہ کر سکتے ہیں جن کو ہم کی پیشکش کرتے ہیں۔ یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطہ کے ذریعے دستیاب ہو سکتی ہے۔ 020 7364 2826 یا آپ سے وہ پتہ نامہ ہے ملاحظہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet **'Support Charges in long term Supporting People Services'**. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking



OVER 60's
Accessible Category F
ELF ROW, E1W

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets with landlords permission

Eligibility : Min Client Age 60

£132.13, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29213



SHELTERED
Accessible Category E
RUTH COURT, MEDWAY ROAD, E3

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£188.77, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29211



OVER 50's
Accessible Category F
SUMMERCOURT ROAD, E1

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility : Min Client Age 50

£146.87, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29235



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
KEY CLOSE, E1

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£91.92, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29215



BEDSIT SELF-CONTAINED FLAT
Accessible Category G
STAFFORD CRIPPS HOUSE, GLOBE ROAD, E2

Flat • 0 Bed 1 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£86.73, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29214



1 BEDROOM
Accessible Category F
WINGRAD HOUSE, JUBILEE STREET, E1

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£119.92, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29218



1 BEDROOM
Accessible Category F
ODETTE DUVAL HOUSE, STEPNEY WAY, E1

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£104.62, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29224



1 BEDROOM
Accessible Category F
FREMANTLE HOUSE, SOMERFORD STREET, E1

Maisonette • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£104.24, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29208



1 BEDROOM
Accessible Category F
FREMANTLE HOUSE, SOMERFORD STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£103.99, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29209



1 BEDROOM
Accessible Category F
PAULINE HOUSE, OLD MONTAGUE STREET, E1

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Concierge/CCTV

£120.46, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29221



1 BEDROOM
Accessible Category F
PAULINE HOUSE, OLD MONTAGUE STREET, E1

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Concierge/CCTV

£120.46, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29223



1 BEDROOM
Accessible Category F
COLLINGWOOD HOUSE, DARLING ROW, E1

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£120.26, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29230



1 BEDROOM
Accessible Category F
HEYLYN SQUARE, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£104.01, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29228



1 BEDROOM
Accessible Category F
ASHCOMBE HOUSE, BRUCE ROAD, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • . • Pets with landlords permission . One weeks rent or completed Housing Benefit form required at signing of tenancy.

Eligibility : Band 3

£117.19, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29229



1 BEDROOM
Accessible Category F
MALTINGS CLOSE, E3

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted Rent will be subject to change PREFERENCE TO HOUSING MOVES APPLICANTS

£116.32, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29201



1 BEDROOM
Accessible Category C
RONNIE SCOTT HOUSE, BOW COMMON LANE, E3

Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

Eligibility : Band 3

£115.03, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29205



1 BEDROOM
Accessible Category F
WINCHESTER HOUSE, MERCHANT STREET, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£113.62, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29198



1 BEDROOM
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3

Flat • 1 Bed 2 Person • 9th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets with landlords permission

Eligibility : Band 3

£121.56, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29237



1 BEDROOM
Accessible Category E
BRODICK HOUSE, SAXON ROAD, E3

Flat • 1 Bed 2 Person • 6th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets permitted . Concierge/CCTV

£127.96, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29204



2 BEDROOMS
Accessible Category F
CLEARBROOK WAY, E1

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£157.26, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29206



2 BEDROOMS
Accessible Category F
CLOVELLY WAY, E1

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£143.25, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29222



2 BEDROOMS
Accessible Category G
PAULINE HOUSE, OLD MONTAGUE STREET, E1

Flat • 2 Bed 4 Person • 14th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Concierge/CCTV

£134.37, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29220



2 BEDROOMS
Accessible Category F
HATTON HOUSE, HINDMARSH CLOSE, E1

Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£140.20, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29203



2 BEDROOMS
Accessible Category F
BRASSEY HOUSE, CAHIR STREET, E14

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets with landlords permission

£114.66, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29238

















2 BEDROOMS
Accessible Category D
CYGNET HOUSE NORTH, CHRISP STREET, E14

Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

£163.04, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29236

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk


 <p>2 BEDROOMS Accessible Category G SPINNAKER HOUSE, BYNG STREET, E14 Flat • 2 Bed 4 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets not permitted</p> <p>£137.25, Weekly - Social Rent Landlord: East Thames Group</p> <p>Property Ref: 29233</p>	 <p>2 BEDROOMS Accessible Category G SHERWOOD GARDENS, E14 Flat • 2 Bed 3 Person • 6th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Lift goes up to the 5th floor only with stairs up to this 6th floor flat</p> <p>£128.53, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 29226</p>	 <p>2 BEDROOMS Accessible Category F PEABODY BUILDINGS BLOCK B, BRODLOVE LANE, E1W Flat • 2 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£127.58, Weekly - Social Rent Landlord: Peabody</p> <p>Property Ref: 29225</p>	 <p>2 BEDROOMS Accessible Category E MARY MACARTHUR HOUSE, WARLEY STREET, E2 Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£114.55, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29210</p>	 <p>2 BEDROOMS Accessible Category F YATES HOUSE, ROBERTA STREET, E2 Maisonette • 2 Bed 4 Person • 3rd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£114.96, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29219</p>
 <p>2 BEDROOMS Accessible Category F NORTHLEIGH HOUSE, POWIS ROAD, E3 Flat • 2 Bed 3 Person • 4th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted with Landlord's permission • One weeks rent of completed Housing Benefit form required at signing of tenancy</p> <p>Eligibility : Band 3</p> <p>£133.27, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 29216</p>	 <p>3 BEDROOMS Accessible Category F STEPNEY WAY, E1 Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£132.11, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29234</p>	 <p>3 BEDROOMS Accessible Category F CROFTS STREET, E1 Maisonette • 3 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£147.64, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29240</p>	 <p>3 BEDROOMS Accessible Category C GOLDPENCE APARTMENTS, BUCKLE STREET, E1 Flat • 3 Bed 5 Person • 1st floor • New build • Open plan kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • Electric radiators • No garden • Car free home • Pets not permitted • All electric ~ no gas in property • One weeks rent in advance regardless of income</p> <p>£173.35, Weekly - Social Rent Landlord: Gallions Housing Association</p> <p>Property Ref: 29195</p>	 <p>3 BEDROOMS Accessible Category C GOLDPENCE APARTMENTS, BUCKLE STREET, E1 Flat • 3 Bed 5 Person • 3rd floor • New build • Open plan kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • Electric radiators • No garden • Car free home • Pets not permitted • All electric ~ no gas in property • One weeks rent in advance regardless of income</p> <p>£172.14, Weekly - Social Rent Landlord: Gallions Housing Association</p> <p>Property Ref: 29196</p>
 <p>3 BEDROOMS Accessible Category F URMSTON HOUSE, SEYSEL STREET, E14 Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission</p> <p>£139.60, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29239</p>	 <p>3 BEDROOMS Accessible Category D BOSTON HOUSE, LARSON WALK, E14 Maisonette • 3 Bed 5 Person • 3rd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • Electric radiators • No garden • Pets not permitted</p> <p>£190.66, Weekly - Social Rent Landlord: Guinness South</p> <p>Property Ref: 29199</p>	 <p>3 BEDROOMS Accessible Category C CHESHIRE STREET, E2 Flat • 3 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted</p> <p>£181.32, Weekly - Social Rent Landlord: Genesis Housing Association</p> <p>Property Ref: 29232</p>	 <p>3 BEDROOMS Accessible Category F WHITETHORN STREET, E3 Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets permitted with Landlord's permission • Grab rails in WC/Bathroom • One weeks rent or completed Housing Benefit form required at signing of tenancy</p> <p>£147.98, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 29202</p>	<p>REMINDER</p> <p>Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.</p>

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT
Accessible Category G
LEWEY HOUSE, JOSEPH STREET, E3
Flat • 1 Bed 2 Person • 5th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted • Life Time.

£164.85, Weekly - Affordable Rent
Landlord: Places for People


Property Ref: 29207



AFFORDABLE RENT
Accessible Category G
SANDALL HOUSE, DALING WAY, E3
Flat • 1 Bed 2 Person • 17th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Concierge/ CCTV

£166.49, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29197



AFFORDABLE RENT
Accessible Category F
FIELDGATE MANSIONS BLOCK 26, ROMFORD STREET, E1
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£199.70, Weekly - Affordable Rent
Landlord: Southern Housing Group

Property Ref: 29231



1

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www.thhs.org.uk



2

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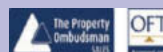
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hamletts.com

the property management company

236 ROMAN ROAD, LONDON E2 0RY : TELEPHONE: 020 8980 3377
FACSIMILE: 020 8980 9434 : EMAIL: INFO@HAMLETTS.COM

T&C Applies



Are you aged 18 – 24?

Are you interested in a career in waste management?



Veolia, a leading recycling and waste management company are working in partnership with Tower Hamlets Council to create a cleaner environment. Together we are offering local young people the opportunity to be trained in waste management roles whilst gaining valuable work experience.

Are you:

- Interested in a career in waste management?
- Prepared to work shifts on a rota basis?
- Physically fit - able to push up to 70kg?
- Willing to work outside in various weather conditions?

If yes:

- You can earn £8.80 per hour, 28 hours per week for up to 3 months.
- You will have access to accredited training
- You will be able to apply for any permanent/temporary vacancies on completion of your placement.

To apply for these positions

Please leave your details with Skillsmatch on **020 7364 0626**.
Your call will be returned within a few days for a telephone interview.

Deadline for leaving details: Friday 21st February at 12pm.



**MAYOR OF
TOWER HAMLETS**



Meet The Buyer

Wednesday 19th February
9am - 4pm



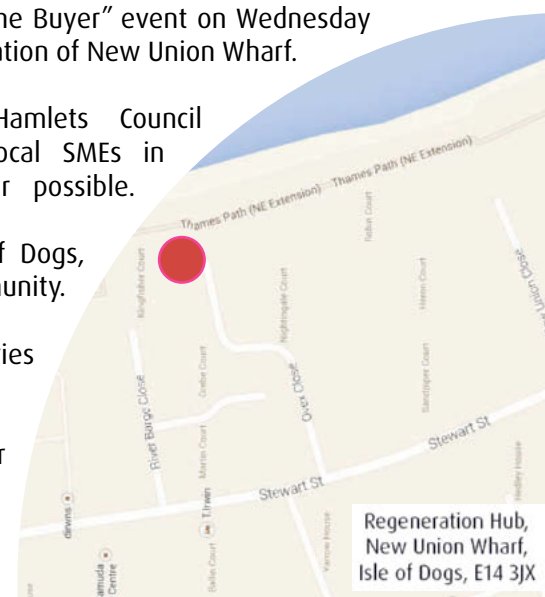
Hill Partnerships would like to invite local sub-contractors and material suppliers to the New Union Wharf "Meet the Buyer" event on Wednesday 19th February. This event will give local companies the opportunity to find out about this future work on the regeneration of New Union Wharf.

We are now commencing Phase 1 of the works and working in accordance with Tower Hamlets Council Enterprise policies, we aim to demonstrate a commitment in maximising the economic benefits to local SMEs in Tower Hamlets, and we will be encouraging contracting opportunities with local companies wherever possible.

The event will take place at 9am to 4pm at the Regeneration Hub on the New Union Wharf Estate, Isle of Dogs, where Hill have been appointed as the regeneration partner to develop 399 new homes for the community.

For more information, please visit the site on the day where a representative from Hill will be present to answer queries about the development and how to tender for contracting opportunities or material supply.

Alternatively please register your interest via jennysheekey@hillpartnerships.co.uk, clearly stating the trade or material supply element relevant to your business.



Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Parks Manager

Communities, Localities and Culture Directorate
Ref: CLC00531 | FTC until February 2015
Closing date: 02.03.14

£42,681 - £45,360
per annum

Practice Manager

Education, Social Care and Wellbeing Directorate
Ref: ESW00234
Closing date: 23.02.14

£40,911 - £43,584
plus recruitment and
retention allowance of £1,776
per annum

Social Worker – Children Looked After

Education, Social Care and Wellbeing Directorate
Ref: ESW00223
Closing date: 23.02.14

£31,464 - £40,911
per annum

Social Worker x2 – Children with Disabilities

Education, Social Care and Wellbeing Directorate
Ref: ESW00230-1
Closing date: 23.02.14

£31,464 - £40,911
per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



INVESTORS
IN PEOPLE



Want to deliver a Social Action Project and complete a level 2 qualification in youth work?

Can you commit to a full day of training and three evening sessions at one of our youth centres?

We are looking to recruit 15 young people aged 16-24 to volunteer at one of our youth centres for six months from February – September 2014.

Taking part will enable you to experience youth work first hand whilst giving you support with CV writing, presentation skills, interview skills and develop your employability skills.

Travel and food expenses can be covered depending on individual requirements.

Interested young people should email a cover letter explaining why they are interested and what they hope to gain along with their CV to Hasan.Faruq@towerhamlets.gov.uk

Deadline for expression of interest is Monday, February 24 - a telephone interview will take place after the closing date.

For more information call 020 7364 0892 or visit www.towerhamlets.gov.uk/youth



MAYOR OF
TOWER HAMLETS

An advert on these pages could cost you as little as £69 + VAT...

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Chris on 7364 4994
Fatima on 7364 4623
Terri on 7364 4682

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – TOBY LANE E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Toby Lane (in the southbound direction only) from a point approximately 30 metres to its junction with Solebay Street.

The restrictions on vehicular traffic will enable essential works to be carried out on the public highway by Willmott Dixon Construction Limited.

The restriction on vehicular traffic will operate from Monday 3rd March 2014 until the end of September 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and

General Directions 2002. The works are programmed for completion on 3rd September 2014.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Street Works Liaison Officer, Transport and Highways on 020 7364 6671 or email charlie.harrison@towerhamlets.gov.uk

Dated: 17th February 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – VALLANCE ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order,

which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Vallance Road between its junction with Lomas Street and its junction with Dunbridge Street.

The restriction on vehicular traffic will enable essential carriageway resurfacing works repairs to be carried out on the public highway by LBTH.

The alternative routes for vehicular traffic will be via Vallance Road (northbound), Bethnal Green Road, Cambridge Heath Road and Whitechapel Road and vice versa.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Underwood Road and Buxton Street between its junction with Vallance Road and its junction with Deal Street will be temporarily suspended.

The restriction on vehicular traffic will operate from Monday 17th February 2014 to Wednesday 19th February 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regard-

ing the above traffic restriction to Emdad Ahmed, Highways Asset Management Officer, Transport and Highways on 020 7364 6707 or email, emdad.ahmed@towerhamlets.gov.uk

Dated: 17th February 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

CROSSRAIL WORKS

CROSSRAIL ACT 2008

ROAD CLOSURES

Merceron Street, E1 will be closed to traffic between 08:00 to 18:00hrs on Saturday 22nd February 2014 to facilitate the delivery of large welfare cabins to the Essex Wharf, Durward Street Crossrail site via Swanlea School grounds. Pedestrian access to Merceron Street will be maintained throughout the vehicle restrictions. Follow signed diversion routes via Three Colts Lane or Mile End Road.

CROSSRAIL HELPDESK
(24HR HELPLINE):
0345 602 3813

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

1-2 Crown works, Temple Street, London E2 6QQ **PA/13/03113/JTH**

Removal of internal staircase. Installation of external spiral staircase with landing. Installation of privacy screen towards Winkley Street properties. Installation of two roof lights

13 Hereford Street, London E2 6EX **PA/14/00154/SHT**

Rear Garden T1 - Rose and Creeper Clad Cherry Remove as much creeper and Rose from the tree only. Reduce near to previous reduction points whilst retaining healthy growth of which is near gutter line by removal of up to a maximum of 3 metres of the branch length. Remove arising debris, leaving site clean and tidy.

97-99 Sclater Street, London, E1 6HR **PA/14/00128/BMC**

Internally illuminated display signage to advertise the Cinema premises.

39 Manchester Road, London, E14 3DN **PA/13/03012/BMC**

Erection of single storey rear extension.

63 Brokesley Street, London, E3 4QJ **PA/14/00127/BMC**

Demolition of existing two storey rear extension and erection of two storey + single storey rear extension

34-48 Vyner Street, London E2 9DQ **PA/13/03054/JTH**

Conversion of ground floor to create 4 office units together with alterations to the external appearance of the premises.

168 Mile End Road, London E1 4LJ **PA/13/02885/ & 02886/JTH**

Internal alterations, a ground floor rear extension, alterations to the existing shop front and provision of kitchen extract duct, at 168 Mile End Road, London.

125 Cannon Workshops, 3 Cannon Drive, London, E14 4AS **PA/13/3099/IOL**

Change of use from a B1 to a D2 fitness facility. (Amended description)

104 Antill Road, London E3 5BN **PA/14/00188/SHA**

The application proposes the following works; Evacuation works to extend the existing basement formation of a lightwell to the front restoration works to the front façade.

Flat 6, Moreland Cottages, Fairfield Road **PA/13/02977/BMC**

Repositioning of the kitchen back to its original location and removal of the existing kitchen that is located on an extended area by the patio and turning this space into a dayroom, and associated works.

16 Cobb Street, London, E1 7LB **PA/14/00093/SHT**

Display of one fascia sign, two projecting box signs, two panel signs, one door handle sign and one large vinyl sign and smaller vinyl signs.

St Anne's Rectory, Commercial Road London **PA/14/00114/SAE**

Temporary removal of 8.9 metres of a 1.8m high listed wall to the front boundary of rectory gardens to accommodate vehicular access to land for a period of 14 months after which the boundary wall will be rebuilt to its original location, size and design.

Unit FG-014, 91 Brick Lane, London E1 6QL **PA/14/00175/KHA**

Alterations to shopfront, west (Ely's Yard) elevation.

455 to 459, Hackney Road, London, E2 9DY **PA/14/123/KF**

The construction of 32 no. of shipping containers and for the change of use from the existing (Sui Generis) to A1 retail at ground floor level with B1 (Office) to the upper levels. The application is for 3-5 years use only. (Address amended)

London Dock, 1 Virginia Street, E98 1XY **PA/14/00094 & PA/14/00148/ADW**

The temporary use of Area 1 of Pennington Street Warehouse as a marketing suite for a period of 36 months, together with minor temporary external and internal alterations to the building.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email,

please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 17th February 2014

OWEN WHALLEY

Head of Planning and Building Control



Public notices

PUBLIC NOTICE THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULA- TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBI- TION OF TRAFFIC – PRINCELET STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Princelet Street from a point 10 metres to a point 60 metres in the westbound direction from its junction with Spelman Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Commhoist Limited.

The alternative route for vehicular traffic will be via Spelman Street, Hanbury Street, Greatorex Street, Chicksand Street, Brick Lane and Princelet Street.

Throughout the duration of the works, and at times when the "no entry" and "one way" traffic signs are covered, the existing one way working in Princelet Street between its junction with Spelman Street and its junction with Brick Lane will be temporarily suspended.

The restriction on vehicular traffic will operate on:

a) Sunday 9th March 2014 from 08:00 hours until 18:00 hours;

b) Sunday 16th March 2014 from 08:00 hours until 18:00 hours; when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 17th February 2014

JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

London Borough of Tower Hamlets

Publication of revised Register of Electors 2014

In accordance with the Representation of the People Act, I hereby give notice that a revised version of the Register of Electors 2014 for London Borough of Tower Hamlets was published on 17 February 2014.

The Full Register of Electors 2014 will be available for viewing by appointment at the address shown below, Monday to Friday from 8.30am to 5.30pm. The Edited version of the Register of Electors 2014 is available for viewing at any Idea Store, One Stop Shop or Library in the borough.

Electoral Registration Officer

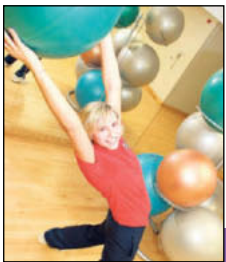
London Borough of Tower Hamlets
Town Hall
Mulberry Place
5 Clove Crescent
London E14 2BG

17 February 2014



INVESTORS
IN PEOPLE





Shape up and get fit

Tower Hamlets is packed with sports clubs and leisure centres. For information about where to go and when...

SEE BELOW

Sport

Leisure centres

John Orwell Sports Centre

Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre

35 Byron Street, Poplar, E14
SHOKK Youth Fitness Centre.
7987 3575

Mile End Park Leisure Centre

190 Burdett Road, E3.
8709 4420

Mile End Park Stadium

Rhodeswell Road, Poplar, E14.
8980 1885

St George's Pools

221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre

Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre

55 Durward Street,
Whitechapel, E1.
7247 7538

York Hall Leisure Centre

5-15 Old Ford Road, Bethnal
Green, E2.
8980 2243

Keep fit

Body conditioning

Thurs, 6.15pm. Shadwell Basin
Centre, Glamis Road, E1.
07961 951522

Fitness Boot Camp

Sat 9.30-10.30am at Mile End
Park, Grove Road, E3.
07946 312102

Hatha yoga class

Sats 9am at Yoga Place,
Bethnal Green Road, E2.
07905 944314

Keep fit

Weds, 10.15-11.15am, crèche
available. Lansbury Lodge,
117 Ricardo Street, E14.
7515 7471

Keep fit

Weds, 11.45am-12.45pm. St
Hilda's East Community
Centre, 18 Club Row, E2.
7739 8066

Martial arts

Adults/junior kickboxing: Tues,

6.30-7.30pm; senior ju-jitsu
(male & female), Tues, 7.30-
9pm; adults/junior kickboxing
self-defence, Weds, 6.30-
7.30pm; seniors kick/Thai
boxing (male & female), Weds,
8-9.30pm. Shadwell Basin
Project Centre, Glamis Road, E1.
07811 105620

Personal training

Get fit, lose fat, tone muscles.
Unit 1, Simon House, Limehouse
Studio, 566 Cable Street, E1W.
07900 216005

Pregnancy yoga classes

Small group and private tuition.
14 weeks onwards. Call Claire.
07958 645978

Seniors exercise

Mons, 1.30pm, line dancing;
Tues, 10.45am, workout.
London Dockers Club,
6 Boulcott Street, E1.
7790 3785

Step 'n' tone

Tues, 7pm. Shadwell Basin
Centre, Glamis Road, E1.
07961 951522

Women's keep fit

Tues & Thurs, 10.30-11.30am,
£2. Garret Centre, 117 Mansford
Street, E2.
7739 7241

Women's keep fit class

For all ages. Sats, 1.30-3pm.
Diesel Gym, Top Floor, Simon
House, Butchers Row, E1W.

Yoga Creation E14

Ashtanga, Vinyasa, Hatha yoga
classes (£10-£14), courses &
workshops. For beginners to
advanced, 7 days a week.
Pregnancy yoga, £13.
7517 9183

Sport

Back to netball

Weekly sessions. £1.10. Tues,
6pm. John Orwell Sports
Centre, Tench Street, E1W.
07914 685261

Cricket coaching

Under-11s and U13s – Weds,
4-5.30pm; U16s – Tues, 4.30-
6pm; 16+ – Thurs 5-8pm.
Dockland Settlements,
197 East Ferry Road, E14.

Berner Football Academy

Under-12s, part of TH Youth
League. Matches on Sat, train
on Sun. Christian Street Ball
Court, Berner Estate, E1.
07960 434110

Multi Sports

Every Sat, 2-5pm. For ages
11-19. George Green's School,
100 Manchester Road, E14.
7987 6032

Football training

Sat, 9-11am for boys and
girls aged 5-11, Mulberry School
for Girls, Richard Street, E1; 12-
1pm for ages 3-5. St Patrick's
School, Dundee Street, E1W.
07956 095218

Kibondo

Martial art for age 6 and over.
Mons, 6.30-8pm. Fri, 6.30-
7.30pm, children; 8-9pm, adults.
£3.50 adults, £2.50 children, first
lesson free. Teviot Centre,
Wyves Street, E14.
07956 428654

Kickboxing and self-defence

£5 per class. Suns, 1pm;
Tues, 7pm (women only).
Whitechapel Sports Centre,
Durward Street, E1.
07952 872362

Kung fu

Wong Shun Leung system of
ving tsun. Weds, 8-9pm. £7,
adults only (kids classes soon).
St John's Church Hall, 200
Cambridge Heath Road, E2.
07930 609379

Kung fu and self-defence

Mon, 7.30-9pm. 2nd floor,
56-60 Nelson Street, E1.
07947 126852

Muay Thai for women

KO London, 186 The Arches,
Globe Road, E2. Sat 3-4.15 £7
concs, £9 waged.
7265 9693

Table Tennis Club

Every Sat, 10am-12pm. For ages
11-19. George Green's School,
100 Manchester Road, E14.
7987 6032

Netball

Arbour Netball Club train at
the Parkside Leisure Centre at
Mulberry School, Commercial
Road, E1 every Monday night.
01277 811772

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA- TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GUNMAK- ERS LANE E3

NOTICE IS HEREBY GIVEN, that
the Council of the London Borough
of Tower Hamlets proposes to
make an Order, which will prohib-
it vehicular traffic from entering,
stopping or proceeding in the
length of carriageway in Gun-
makers Lane to the northern end
from its junction with Old Ford
Road.

The restriction on vehicular traffic
will enable essential works to be
carried out on the public highway
by LBTH.

There are no alternative routes for
vehicular traffic as it is a dead end
street/road or cul-de-sac.

The restriction on vehicular traffic
will operate from Monday 3rd
March 2014 until the end of June
2014 and at times when temporary
traffic signs are placed on the pub-
lic highway pursuant to The Traf-
fic Signs Regulations and General
Directions 2002. The works are
programmed for completion on
2nd June 2014.

Please refer any queries regard-
ing the above traffic restriction to
Nasser Zanitchkhah, Street Scene
Engineer, Improvement Works
Group, Transport and Highways on
020 7364 6812 or email, nasser.
zanitchkhah@towerhamlets.gov.uk

Dated: 17th February 2014

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA- TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – HAMLETS WAY E3

NOTICE IS HEREBY GIVEN, that
the Council of the London Borough
of Tower Hamlets made an Order,
which will prohibit vehicular traf-
fic from entering, stopping or pro-
ceeding in the length of
carriageway in Hamlets Way be-
tween its junction with English
Street and its junction with Eric
Street.

The restriction on vehicular traffic
will enable essential crane works
to be carried out on the public
highway by Delta Tower Cranes
Limited.

The alternative route for vehicular
traffic will be via Eric Street, Rop-
ery Street and Southern Grove.

The restriction on vehicular traffic
will operate for two weekends
on:

a) Saturday 22nd February 2014
and Sunday 23rd February 2014;

b) Saturday 1st March 2014 and
Sunday 2nd March 2014;

and at times when temporary traf-
fic signs are placed on the public
highway pursuant to The Traffic
Signs Regulations and General Di-
rections 2002.

Please refer any queries regard-
ing the above traffic restriction to
John Parsons, Network Coordina-
tor, Transport and Highways on
020 7364 6671 or email, john.pars
ons@towerhamlets.gov.uk

Dated: 17th February 2014

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

London Borough of Tower Hamlets The Local Authority (Referendums) (Petitions & Directions) (England) Regulations 2000

Publication of Verification Number

In accordance with Regulation 4(1) of the above regulations the
number that is equal to 5% of the number of local government
electors shown in the revised register of electors having effect on
the 15th February 2014 is:

8490

This figure will have effect for the purposes of determining the validity
of Petitions presented from 1st April 2014 to 31st March 2015.

The number equal to 5% of the local government electors for 2015
will be published within 14 days of the 15th February 2015. If this
number is less than 8490, the number to be used for verification
purposes in relation to any petition submitted for the period
beginning on the date of publication of the lower number until
31st March 2015 shall also be that lower number.

John S. Williams
Electoral Registration Officer
London Borough of Tower Hamlets
Town Hall
Mulberry Place
5 Clove Crescent
London E14 2BG

Friday, 14 February 2014



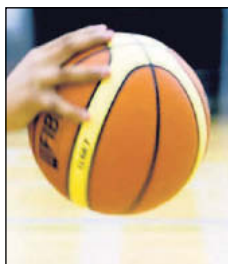
INVESTORS
IN PEOPLE



Chance to get involved

If you are interested in volunteering at the London Yough Games call Chris Willetts on 7517 9910 or email...

WILLETTS@LANGDONPARK.ORG



Be a good sport this half-term

For a round-up of half-term sports activities, including basketball, swimming, trampolining and football, taking place at leisure centres and other venues across the borough...

SEE PAGE 10

Sport

Round-up

Winning league start for Anil

DESPITE the atrocious weather, the Docklands Tennis League has managed to get round six of its tournament underway.

By the time the next round begins on April 3, the weather should have brightened up considerably. Closing date for entry to round six is March 31.

Results to date:

Group One

Anil Babu has a winning hat-trick to his name already. However Ben Clarke, Tom Campion and Julius Tukot also have a victory each on the board and will be chasing the leader hard over the next few weeks.

Scores: **Anil Babu** beat **Tom Campion** 6-3, 6-3, **Ali Kyrke-Smith** 6-3, 6-3 and **Ben Clarke** 6-4, 6-1; **Julius Tukot** beat **Ali Kyrke-Smith** 6-1, 6-1; **Tom Campion** beat **Ben Clarke** 6-2, 6-2; and **Ben Clarke** beat **Ben Anstis** 6-0, 6-3.

Group Two

Guido Baleani and William Heenan are off the mark with a win each, but Hai Pham and Ragnar Lorentzen gave them plenty to think about in the first half of their encounters and will be keen to notch up victories of their own.

Scores: **William Heenan** beat **Hai Pham** 6-4, 6-0; **Guido Baleani** beat **Ragnar Lorentzen** 6-3, 6-0.

Group Three

Tony Longstone has been in the thick of the action with a set gained and four other competitive sets played. Just one point above him, Philip Bakerian and Anton Short both have a win under their belts.

Scores: **Anton Short** beat **Tony Longstone** 6-3, 3-6, 6-3; **Philip Bakerian** beat **Tony Longstone** 6-4, 6-4.

Make a splash on the river

SHADWELL Basin Outdoor Activity Centre is lining up five days of fun and games for youngsters aged nine to 18 during this week's half-term holiday.

This Monday to Friday, February 17-21 there will be a

mixture of activities and trips, costing just £3 a session or £4.50 a day.

The session times are 10.30am-1pm and 2-4.30pm – for full details call the centre on 7481 4210 or email info@shadwell-basin.org.uk

If this is your first visit you can download the programme or a consent form from the website youth page. Take the form with you to the centre.

Also for those who love splashing about on the water, make a date for April 13 when the London Kayakathon takes place on the Thames coinciding with the London Marathon.

The event is suitable for experienced kayakers only - register at www.kayakathons.com

Shadwell Basin is at Shadwell Pierhead, Glamis Road, E1.

Lions back to winning ways

LONDON Lions got back to winning ways and shook off the disappointment of the previous week's cup defeat completing an 89-76 victory over Durham Wildcats at the Copper Box Arena.

Bad weather did not deter Lions fans, who turned out in force to roar their team home and saw them rack up a huge third quarter and survive a final quarter wobble.

Lions forced the Wildcats on to the back foot after going into a 12-2 lead and their opponents hit back to level the game at 24-24 early in the second quarter.

By half-time, the visitors were ahead by a solitary point, but with Chez Marks finding his range when play resumed, Lions posted a decisive 29-13 third quarter.

Durham rallied with a 12-0 run in the fourth to haul themselves back into contention, but Lions held firm in crunch time to get the job done.

Youngster Blayne Freckleton joined the scorers as ten Lions made the scoresheet.

Centre Kramer Knutson was outstanding with 15 points, six rebounds, three assists and three blocks, while playmaker Rod Brown had 13 points, ten assists and four steals.

Repton four march on in title race

REPTON'S young boxing starlets keep marching on in the All-England Youth Championships after some stunning performances in the quarter finals at Harlow Greyhound stadium.

It was an easy night for **Jimmy Smith** (Class A 69kg) and **Sunny Edwards** (Class B 49kg) as they both got walkovers.

After putting his opponent down in the third round, **Billy Beer** beat Eli Saunders (Farnham Warriors) on a majority decision in their Class B 56kg contest.

Quickest winner of the Repton quartet was Class B 69kg **Joe Kelleher**, who won his bout stopping Aaron McHugh (Ventnor) in the last round in a superb all-round performance.

All four boxers were scheduled to appear in the semi-finals at Charter Sports Centre, Portsmouth, as East End Life went to press.

Kelleher was due to box Liam O'Hare of the Lydney club, Beer expected to face Yarsir Afzal and Smith boxing Mark Dean (Pinewood Star). Sunny Edwards gets a bye through to the finals.

Boxers agree to charity clash

FIGHTERS at Canning Town's **Trad TKO gym** have rescued a fund-raising charity night for the Indee Rose Trust.

For the past few years they have staged a Boxers versus Celebrities charity football match, but this year they were unable to get the venue and it looked as if the event would be cancelled.

But gym partner Johnny Eames from Bow and Gianluca Di Caro sounded out some of their gym regulars and everyone agreed a charity fight night would be the next best thing.

Former stars boxers, including WBU light heavyweight champion Tony Oakey, WBU lightweight champ Graham Earl, and British and European bantamweight champion Ian Napa, will be boxing at Menzies Prince Regent Hotel, Chigwell on Saturday, February 22.

Youth Games needs you

MORE than 3,500 people volunteer each year to help deliver Europe's largest annual youth sports event, the London Youth Games.

And you can be there to help

it run smoothly and be part of the event, in which some 114,000 competitors from the 33 London boroughs, including Tower Hamlets, take part in 33 different sports over 25 events days. GamesForce offers opportu-

nities for people aged 14 upwards to help out at venues across the capital.

If you are interested in volunteering or competing call Chris Willetts on 7517 9910 or email willetts@langdonpark.org

Willstrop eyes Matthew final

English pair could face off again in Wharf squash classic

BY PETER FAULKNER

SQUASH rivals Nick Matthew and James Willstrop are seeded to meet in the final of the Canary Wharf Classic.

The two English stars have dominated the squash tournament, with reigning champion Willstrop claiming four titles and Matthew three.

This Professional Squash Association World Tour International 50 event takes place at the East Wintergarden venue from March 24-28 and the prospect of another high-quality all-English showdown resulted in every ticket being snapped up eight weeks in advance.

However, Matthew and Willstrop face a number of daunting obstacles in every round, with a strong international field lying in wait.

In the top half of the draw, Matthew comes up against Scottish wildcard Alan Clyne in the first round, with the winner facing Egyptian Omar Mosaad after the world No 13 was drawn against compatriot Karim Abdel Gawad.

Matthew began the month as joint world number one with French ace Gregory Gaultier, but his triumph over Ramy Ashour in Sunday's Swedish Open final, following victory over Gaultier in the semi-finals, means that he will be undisputed number one in the March rankings.

Karim Darwish is another



Reigning champion James Willstrop is a four-time winner

celebrated Egyptian making his debut at Canary Wharf.

He faces a qualifier in the first round, with a mouth-watering second-round clash in prospect against either Londoner Adrian Grant or the Colombian Miguel Angel Rodriguez, one of the most agile on the PSA Tour.

There is a strong domestic presence in the bottom half of the draw, with Willstrop and

world No 10 Daryl Selby both meeting qualifiers in the first round before a scheduled clash in the quarter-finals.

No 3 seed Peter Barker, from Essex, faces a difficult first round tie against Indian No 1 Saurav Ghosal, one of the quickest players in the game, before a seeded quarter-final clash with Germany's Simon Rosner.

The tall world No 11 faces a qualifier in the first round.



No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE PAGE 35

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Silver lining for student Sanan

Poplar trained fighter second in elite international karate competition

BY PETER FAULKNER

SANAN Aliyev is studying for a Masters degree in business, and he came within a whisker of proving himself to be a master at karate.

Aliyev, 23, an elite international and member of the Veras Academy Karate Club in Poplar,

competed in the third International Dubai Karate Open Championships in the United Arab Emirates and brought home a silver medal after five tough fights.

In the first round of the 67kg category, Sanan had a bye then defeated a Russian, an Egyptian, Iranian and an Algerian on his way to another final where he faced tough Turkish international

al Omer Kernaloglu, representing the UAE.

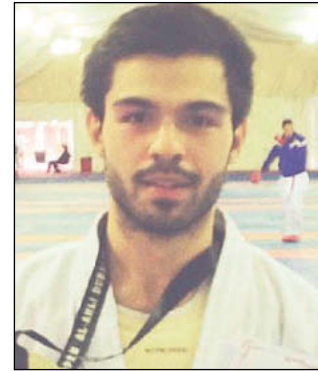
He gave a magnificent performance, but was not quite sharp enough to take the gold medal against a rival who has been runner-up in the last two European Championships, won the title in 2008 and also took a bronze at the 2009 World Games.

Sana, a Tower Hamlets resi-

dent and reigning world Wado IKF champion, is a former world silver medallist and European bronze medallist.

He is a member of the Azerbaijan karate squad, but also competes for England, representing the Veras Academy while studying in the country.

For more about the club, visit www.verasacademy.co.uk



Sanan Aliyev

Wapping cruise to the next level

Hockey

Wapping 5ths 4 –
East London 4ths 0

THE stage was set. Wapping men's fifth team were on the brink of promotion, but they knew East London's fourth team would create problems.

It was an early start at John Orwell Sports Centre and the conditions were awful for this clash that would determine the fate of a hard fought season for Wapping, even though they still had several games to play, or enable East London to get revenge and inflict a first defeat of the season on the Maroons.

Wapping turned out a strong team and on 15 minutes they broke the deadlock.

The ball was played into the D and after a small scrap at the spot a shot was fired off only for the keeper to save and somewhat unluckily for him, turn it into the back of his own net while searching for the ball.

Wapping stepped up a gear and unmarked Ben Earnshaw made it 2-0. Five minutes before half-time a goal-bound shot from Graham Spiby was deflected off Ollie Perez to make it 3-0.

East London had a handful of penalty corners in the second half and the better chances to score, but Wapping were resolute. Ten minutes from time

Graham Spiby fired home after a long corner.

The win means Wapping Men's fifths sealed promotion from East Division 5SE with five games to spare.

Bishop's Stortford Ladies 1st 1 – Wapping Ladies 1st 0

WAPPING dominated this East South 1 Division clash from the off and put the Stortford defence under pressure, but couldn't take advantage.

The second half began in much the same way, Wapping creating the better chances and the ball zipping past either side of the Stortford goal.

Then with eight minutes to go, the home side won a penalty corner. A well-worked move saw them score from only their third strike of the game.

Maldon 1sts 2 – East London 2nds 2

EAST London Men's second team held the league leaders despite being short of players.

A yellow card against Ali Bell for back stick left East London with ten men, which Maldon exploited to take a 1-0 interval lead.

A rousing start to the second half saw East London level through Joe Nemes before Maldon again went ahead.

But East London fought back and a thumping strike by Mike Pettit made it all square.



UEL are leagues ahead

A GOOD week for the University of East London yielded several league titles.

The men's football first team sealed their league title after they came from a goal down to beat London School of Economics at Memorial Park.

After losing Nnamdi Egoe-Harold to injury, they found themselves behind at half-time but equalised seconds after the restart through Jason Ngandu. Minutes later Stefan Neilson gave the hosts the lead with a great volley and the win was secured when Vendel Nunes sent Johan Caney-Brown clear to make it 3-1.

The unbeaten record men's volleyball 1sts and they finished the regular season with a convincing straight sets win against Brighton. The

team go into the BUCS Championship Cup in great form, having lost only one set in ten league games.

Both hockey clubs also secured their respective league titles. The women's team wrapped up theirs with a 4-2 win over Imperial College 4ths while the men matched that feat with a 4-1 win against University College London 5ths.

The women's rugby team won their league with an impressive 52-17 win over the University of Essex.

The men's tennis team have all but wrapped up their title after a comprehensive clean sweep against Canterbury Christ Church 1sts.

The netball 1sts and the men's basketball 2nds also claimed notable victories

Football

Cows knocked out of Capital Cup

Tower Hamlets Women 1 – Denham Utd under-18s 2

SIX weeks after these two teams were first due to meet in this repeatedly-postponed Capital Cup quarter final match, Tower Hamlets' hearts were broken at West Ham's Memorial Park.

With the pitch finally playable after weeks of dreadful weather, Tower Hamlets showed promise in the first five minutes but the well-organised Denham defence kept them at bay.

Denham got their breakthrough midway through the first half, when one of their forwards hit an unstoppable effort into the top corner.

The Cows approached the second half hopeful of capitalising on some decent possession, with the excellent Kate Warner influential in midfield.

Denham, however, had the greater cutting edge and scored a second with only five minutes left on the clock.

A late Cows' goal from Natalie Keating was beautifully taken, but it was too little too late.

The Cows can take heart from a solid performance in their first outing in 2014 where they displayed excellent fitness levels to match the Denham youngsters.

£500 jackpot in soccer contest

FOOTBALL teams in Tower Hamlets will be chasing a £500 prize next month if they can win a new seven-a-side competition.

The event is being staged by Redcoat Football Club at Stepney Green Park on March 1 but, to be in with a chance of the £500 first prize, entries must be in by February 24.

The tournament starts at 10am and there is an entry fee of £100 per team.

As well as the cash prize there will be trophies for the winners and runners-up, and a prize for the top goal-scorer.

The winning team gets free entry into the next event – for further details or to enter contact Suhail on 07411 113041 or Jahed on 07462 673820.



Look inside

For leisure club listings plus stories on football, hockey and more...

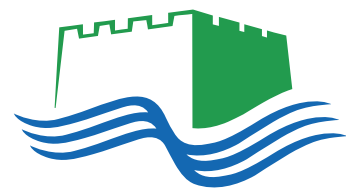
SEE PAGES 33-35



Two wheels good

Bikeworks is a social enterprise that runs programmes including all-ability cycling, bicycle re-use & recycling and schools cycle training. It also repairs bikes, and offers maintenance courses.

WWW.BIKeworks.ORG.UK



TOWER HAMLETS

eastendsport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

The Whizz-Kidz of the marathon

Pals running to raise cash for disabled cycling charity

BY PETER FAULKNER

JIM Blakemore and Jolyon Whaymand are passionate about biking and they are equally passionate about the charity Whizz-Kidz.

And these two loves have inspired them to run in the London Marathon on April 13.

Jim is the director of Bikeworks in Cambridge Heath Road and Jolyon is its all ability cycling programme manager.

Between them they want to raise £1,600 for Whizz-Kidz, which provides disabled children with the wheelchairs and other essential mobility equipment they need to lead fun and active lives.

There are an estimated 70,000 disabled children and young people across the UK waiting for a suitable wheelchair.

There are also many who have shown how you can overcome disability by whizzing around obstacle courses, knock-

ing over skittles and doing wheelies.

This is where Bikeworks has made a big difference to their lives because every two weeks it runs special cycling classes for Whizz-Kidz in Victoria Park and in the City of London.

Last year Jim, 39, ran his third London Marathon and raised £1,600 for Whizz-Kidz.

This time around he has convinced 26-year-old Jolyon to join him.

Jolyon said: "For me, this is the first marathon so I don't know what to expect.

"I have been training since November and I have done a 12-mile run so far.

"Obviously it's a bit daunting, but the thought of helping these kids is paramount.

"Part of what Bikeworks does

is all-ability cycling tuition and this teaches youngsters at Whizz-Kidz how to be independent. It is very rewarding.

"Jim has raised money for them in the past and we want to do all we can to raise the charity's profile."

Whizz-Kidz has partnered with the NHS in Tower Hamlets where it works jointly to improve provision of wheelchairs for disabled children and young people.

Families of disabled children who live in the borough are referred to the wheelchair service or to Whizz-Kidz by their GP or therapist in the usual way.

If you want to support Jim and Jolyon you can sponsor them by going to www.justgiving.com/jolyonwhaymand or calling 8980 7998.



Jolyon Whaymand is running his first marathon



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